

### Getting to work at Sheffield Teaching Hospitals.

Sheffield Teaching Hospitals NHS Foundation Trust encourages Sustainable Travel where possible, especially for our staff. Sometimes there are easier and greener ways to get to a Hospital site, whether you are visiting or working here.

## Public Transport

A third of our staff travel to work by public transport. We have great bus links from both hospital campus sites. The city is also served by a rail station as well as having great transport links across the region. We work closely with the local passenger transport executive to get staff the best deals and to bid for more routes, better service and improved standards across all the regions transport. Visit **travelsouthyorkshire.com** for more information.

#### Active Travel

Over one in seven of our staff get to work by pedal or stepping power and not only burn lbs but also save themselves £'s! Our bicycle salary sacrifice scheme means you can get a pair of wheels to fit your needs at a price that won't break the bank.

### Car sharing

If you need your car for work then why not spread the cost and make the journey a little less lonesome? By registering on our car share scheme you can help the environment, get some company and spread the costs at the pump by collecting colleagues along the way.



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# Travel planning

If you'd like to know more about any of these options or just want to know the ways you can get to work why not get a free personalised travel plan designed? These plans can be tailored to your working hours, transport routes and travel preferences. Simply contact the Trusts Travel Plan Co-ordinator for more details:

James Barsby, Tel 0114 2266001 or email James.Barsby@sth.nhs.uk

### Car parking

Parking at both hospital campus sites is extremely limited and is only allocated in exceptional circumstances. Applications are scored against set guidelines and successful applicants pay a monthly charge to park on site. For more details or to collect an application form please visit the Clocktower reception desk at Northern General or visit room C60 at the Royal Hallamshire. The Trust appreciates that at times the requirement to drive is unavoidable however in order to lower our carbon footprint and to ensure more parking is available for our patients and visitors we ask that you consider your travel choice before setting off for work.

Corporate Services, Hotel Services