

Job Description

Division:	Specialised
Job Title:	Occupational Therapist
Band:	5
Location:	Royal Stoke, Acute Stroke Unit (ASU)
Hours of Duty:	37.5 hours per week
Managerially accountable to:	Stroke Therapy Team Leader
Professionally accountable to:	Stroke Therapy Team Leader
Key Relationships:	All other members of staff within Therapy Services and other staff within the Trust as appropriate and contacts relevant to the job role, patients and visitors.

Role Summary

This Occupational Therapy post is to work as part of the clinical team within the specialty of Stroke.

To be an integral part of the Stroke multi-disciplinary team examining, treating and advising patients, their relatives and carers under the guidance of a higher grade therapist.

This post-holder maybe required to support and supervise less experienced therapy technicians, other support staff and students.

Key Areas/Tasks

- Undertake ward round, discussing patient condition and progression with multi-disciplinary team e.g. doctors, nursing staff, AHP's.
- Participates in daily handover from nursing staff, including acceptance of new referrals.
- Liaise with Multi-Disciplinary Team (including Nursing staff, Consultants, Doctors, AHP's, Social Workers and contribute to relevant service issues).
- Liaison skills with other agency service providers (including GP's, Clinics, Community / Outpatients Service, Intermediate Care Team, Equipment Loan Stores, Discharge Team).
- To use negotiation skills (in motivating and encouraging participation and gaining consent for therapy interventions)
- Provide training for the Therapy Teams & Nursing Staff by participating in in-service training / journal club.
- To communicate with patients / carers who may have communication difficulties, cognitive problems or altered behaviour.
- To rotate through the full range of rotations provided by the university hospital trust including medical and surgical, neuro-rehabilitation and musculoskeletal therapies across the two sites.
- Have an understanding of a wide range of clinical pathologies in the core areas of medical, surgical, neuro-rehabilitation, paediatric and musculoskeletal therapies.
- Understand diagnostic tests throughout the core rotational areas and have an awareness of their potential impact on Occupational Therapy intervention
- Screen patient appropriateness for therapy intervention through review of medical Documentation and other clinical information.
- Prioritise and plan own workload – and delegate to support staff as appropriate.
- Participates in discharge planning: assessing patient's safety, appropriateness for Intermediate Care (IC) / Rehabilitation beds. In addition attends case conferences, completes CCA's, supply of equipment and home visits. Referrals to Community Health & Social Services
- To make customised splints or casts for patients using e.g. thermoplastic materials. Dexterity and speed required ensuring correct alignment of joints and placement of the splint before the material hardens.

- To use manual and mobilising skills in the assessment and treatment of patients
- To educate, support and give advice to patients, carers and members of the multi-disciplinary team as appropriate.
- To undertake assessment of patients with a range of conditions.
- Be responsible for conducting group classes, devising appropriate exercise programmes and ensuring patient safety
- Educate carers and relatives to perform therapeutic techniques safely to allow self-management and independence for long-term patients.
- To adhere to Trust Policies, Local Guidelines and Professional and National Standards of Practice (Service Standards).
- Be responsible for assessing, providing appropriate walking aids and reviewing patients safety for discharge
- Support senior staff in the clinical education of students.
- Support senior staff in providing placements for work experience Students, Nursing Students and Medical Students introducing them to the profession
- To record activity data. Assess and input clinical data to electronic and manual information systems.
- To maintain patient records regarding assessment, treatment and outcome of the intervention, as specified in national and local standards.
- Participate in research and clinical audits with senior therapists within the core rotational areas.
- Work as autonomous clinicians using clinical reasoning skills as appropriate to areas of work.
- Utilise accurate analytical skills to interpret assessment findings, identifying patient problems and devising an appropriate treatment plan and progression considering patient or carers goals.
- To undertake assessment and treatment of patients on a daily basis, using manual handling techniques in the rehabilitation of patients working within Trust, Directorate and professional policies, guidelines and protocols
- To move and handle equipment on a daily basis e.g. hoists, wheelchairs, assistive equipment (e.g. walking aids, toilet seats)
- To communicate with patients / carers who may have communication difficulties, cognitive problems or altered behaviour.
- To undertake assessment and management of patients with a wide range of conditions.
- Treat terminally ill patients in the palliative care setting to maintain patient comfort and provide Holistic care.
- To give consideration and cope with the emotional, psychological requirements of patients / carers in event of chronic, acute, terminal diagnosis, bereavement or loss.
- Work in confined places in close physical contact with potentially hazardous and unpleasant substances, minimising the risk in accordance to infection control policies e.g. sputum, body fluids
- To take every reasonable opportunity to maintain and improve professional knowledge and competence.
- To participate in personal objective setting / appraisals and review, including the creation of a Personal Development Plan (PDP).
- Be responsible for continued professional development by attending in-service training, external / internal courses reflective practice, tutorials and clinical experience / skills.
- Application of trust Clinical Governance standards to improve standards of patient care.
- Ensure that staff under your direct supervision meets required professional standards.
- Managers who have responsibility for supervising/managing people must comply with the guidelines that can be found in the “Code of Conduct for NHS Managers”
- The principles of “Improving Working Lives” must be upheld at all times
- To promote and practice customer care and to act in a manner which presents the good image of the trust

- To work to the standards set out in the Data Quality Policy and to promote E&D and H&S standards.

Personal/Professional Development

- To take every reasonable opportunity to maintain and improve your professional knowledge and competence
- To participate in personal objective setting and review, including the creation of a personal development plan and the Trust's appraisal process.

Values & Promises

We have four core values and promises that were co-created by our staff, patients and carers.

Together



- We are a Team – I will be considerate, help others to achieve our goals and support others to make positive changes
- We are Appreciative – I will acknowledge and thank people for their efforts and contributions
- We are Inclusive – I will be open and honest, welcome people's views and opinions and involve people in decisions that affect them

Compassion

- We are Supportive – I will be empathetic and reassuring. I will support and encourage people when they need it
- We are Respectful – I will treat people fairly, with respect and dignity, protect their privacy and help them to feel comfortable
- We are Friendly – I will be welcoming and approachable. I will make eye contact, say hello and introduce myself #hellomynames

Safe

- We Communicate Well – I will explain clearly, share relevant and timely information and keep people updated
- We are Organised – I will plan ahead, manage my time well and be prompt in what I do
- We Speak Up – I will contribute to ensuring healthy and constructive feedback for all so we can feel safe to challenge inappropriate care and behaviour and promote our values

Improving

- We Listen – I will welcome people's views and ideas, invite people to ask questions and share their opinions and respond to what I hear
- We Learn – I will share best practice, celebrate good performance and support others to use their skills, learn and grow
- We Take Responsibility – I will have a positive attitude, act and encourage people to take the initiative and make improvements

Health and Safety

To take reasonable care for your own Health and Safety and that of any other person who may be affected by your acts or omissions at work.

To co-operate with University Hospitals of North Midlands (NHS) Trust in ensuring that statutory regulations, codes of practice, local policies and departmental health and safety rules are adhered to.

To comply and adhere to individual and role specific responsibilities as stated in the Trust Health and Safety Policy (HS01) and all other Health and Safety related policies.

Equality and Diversity

UHNM is committed to the implementation of the Equality, Diversity and Inclusion Policy which ensures equal opportunities for all. UHNM is also committed to embracing diversity and eliminating discrimination in both its role as an employer and as a provider of services. It aims to create a culture that respects and values each other's differences, promotes dignity, equality and diversity and encourages individuals to develop and maximise their potential. All staff are required to observe this policy in their behaviour to other workers and patients/service users

Infection Prevention

Infection Prevention is the obligation of every employee both clinical and non-clinical at the University Hospitals North Midlands NHS Trust. Driving down healthcare associated infection is everyone's responsibility and all staff are required to adhere to the Trust's Infection Prevention policy

All staff employed by the UHNM Trust have the following responsibilities:

Trust Dress Code

- Trust approved uniform/dress code must be adhered to
- When in clinical areas all staff must be bare below the elbow, without wrist watches, stoned rings, wrist jewellery, false nails, nail polish or plaster casts
- No personal bags to be worn during clinical duties

Hand Hygiene

- Decontaminate your hands as the per 'The five moments of hand hygiene'

Own Practice

- Lead by example
- Encourage and praise good practice
- Be prepared to accept advice about your own practice

Decontamination

- Ensure that equipment you have been using or about to use has been decontaminated effectively
- Ensure that you are aware of the Trust approved cleaning products, and follow a safe system of works

Trust Policies

- Ensure that you know and strictly follow relevant Infection Prevention policies for your role and apply standard precautions at all times, which is available in the Infection Prevention Manual on the UHNM intranet

Data Protection Act, General Data Protection Regulation (GDPR) and the NHS Code of Confidentiality

All staff are responsible for ensuring they are familiar with and adhere to the Trust's policies, procedures and guidelines with regards to the Data Protection Act, General Data Protection Regulation (GDPR) and the NHS Code of Confidentiality. This includes confidentiality, information security, cyber security, secondary use and management of records.

Staff have a responsibility in protecting the "rights and freedom" of natural persons (i.e. live individuals) and to ensure that personal data is not processed without their knowledge, and, wherever possible, that it is processed with their consent. Processing includes holding, obtaining, recording, using and disclosing of information and applies to all forms of media, including paper and images. It applies to both patient and staff information

Hence staff must ensure confidentiality is maintained at all times, data is recorded accurately and you only access this information as part of your job role

Safeguarding Children, Young People and Adults with care and support needs

All staff are responsible for ensuring that they are familiar with and adhere to the Trusts Safeguarding Children and Adults policies, procedures and guidelines. All health professionals who come into contact with children, parents, adults with care and support needs and carers in the course of their work have a responsibility to safeguard and promote their welfare as directed by the Children Acts 1989/2004 and the Care Act 2014. Health professionals also have a responsibility even when the health professional does not work directly with a child or adult with care and support needs but may be seeing their parent, carer or other significant adult.

All staff are required to attend safeguarding awareness training and undertake any additional training in relation to safeguarding relevant to their role

This job description is not intended to be an exhaustive list and may be subject to change from time to time. All documents referred to throughout this Job Description can be found on the Trust's intranet, or alternatively copies can be obtained from the Human Resources Directorate

Sustainability



Sustainability and Corporate Social Responsibility are fundamental to the way the University Hospitals of North Midlands NHS Trust (UHNM) work. The Trust has developed a Sustainable Development Management Plan (SDMP): 'Our 2020 Vision: Our Sustainable Future' with a vision to become the most sustainable NHS Trust by 2020. In order to achieve this, we need the support of all staff. As a member of staff, it is your responsibility to minimise the Trust's environmental impact and to ensure that Trust resources are used efficiently with minimum wastage throughout daily activities. This will include minimising waste production through printing and photocopying less, reducing water waste and when waste is produced, it is your responsibility to segregate all clinical waste correctly and recycle. Switch off lights and equipment when not in use, report all faults and heating / cooling concerns promptly to the Estates Helpdesk and where possible minimise business travel. Where the role includes the ordering and use of supplies or equipment the post holder will consider the environmental impact of purchases.

SWITCH to a Sustainable UHNM is a campaign that focuses on the sustainability of the Trust and how we can use resources more effectively to provide better patient care, improve our health and work place. SWITCH is looking to recruit as many Champions as possible to help to bring the campaign to colleagues in their departments / wards and bring SWITCH to life. If you are interested in becoming a SWITCH Champion please contact switch@uhns.nhs.uk

Disruptive Incident & Business Continuity

The Trust needs to be able to plan for, and respond to a wide range of incidents and emergencies that could affect health or patient care. These could be anything from severe weather to an infectious disease outbreak or a major transport accident.

All staff are required to have an awareness of the Trust's business continuity arrangements, as a minimum. All staff will be required to;

- To know how to identify a business continuity incident and the method for reporting;
- To have an awareness of local business continuity arrangements;
- To participate in awareness, training and exercises, as required;

In the event of a disruptive incident, all Trust employees will be required to attend work if they are fit and well and able to do so in line with a Trust risk assessment. Those who are clinically qualified will be required to work flexibly across the Trust to meet the service need in clinical areas. This will include front line clinical staff who will be expected to cover alternative duties as and when required in order to ensure that all essential services are maintained.

Signed Employee _____	Print _____	Date _____
Signed Manager _____	Print _____	Date _____

Job Title

Person Specification

Requirements	Essential	Method of Testing Application form Certificates Test Presentation Interview Assessment Centre	Desirable	Method of Testing Application form Certificates Test Presentation Interview Assessment Centre
Education and qualifications	<ul style="list-style-type: none">• Nearing completion of undergraduate occupational therapy programme		<ul style="list-style-type: none">• Computer literate• Post qualification experience in stroke speciality or under graduate experience in stroke speciality	
Experience How long is the induction required for the job? What practical or further theoretical training is required?	<ul style="list-style-type: none">• Broad range of clinical placements as a student. To identify the benefits of the range.• Support reasons for elective placements.		<ul style="list-style-type: none">• NHS experience.• Benefits from involvement with other activities	

Skills, Ability & Knowledge	<ul style="list-style-type: none"> • Evidence to support a situation where initiative was used. • Motivated to self develop. • Examples of situations as part of a team. • Ability to recognise strengths and weaknesses. • Evidence to support own development 			
Personal Qualities	<ul style="list-style-type: none"> • Involvement with one or more hobbies. • Ambition to gain sound base to build a career. 			