



Job description and specification



















JOB DESCRIPTION

Job Title: Mental Health Acute Response Support

Time Recovery (STR) Worker

Directorate/Division:Acute & Rehabilitation Directorate

Terms & Conditions of Service: In accordance with Agenda for Change

Terms and Conditions handbook

Current Grade: Band 3

Report To: MH Acute Response Team Service Lead

Accountable to: Assistant Director – Acute Mental Health

Internal	External
Community Mental Health Service Managers Acute Crisis and Assessment Team Leads HTT Managers Modern Matrons Ward Managers Mental Health Psychiatric Consultants	Other Mental Health Trusts Patients, Carers & Relatives GPs & Other Primary Care Services Clinical Commissioning Groups NHS England Local Authorities Voluntary Sector Providers AcuteTrusts Private Sector Providers Contractors / Suppliers Regulatory Bodies



CONTROLS ASSURANCE STATEMENT:

The purpose of this job description is to outline the level of responsibility and accountability of this post. This will ensure that all work undertaken by our staff is clearly identified and carried out under clear lines of accountability.

Aim of the role:

The post holder will be expected to support their team, department and organisation to achieve the Trust's Values in their day to day work. These are the 5P's:

- Putting people first
- Prioritising quality
- Being progressive, innovative and continually improve
- Being professional and honest
- Promoting what is possible independence, opportunity and choice

As an STR Worker the post holder will follow the Code of Conduct for Healthcare Support Workers in England:

- 1. Be accountable by making sure you can answer for your actions or omissions.
- 2. Promote and uphold the privacy, dignity, rights, health and wellbeing of people who use health and care services and their carers at all times.
- 3. Work in collaboration with your colleagues to ensure the delivery of high quality, safe and compassionate healthcare, care and support.
- 4. Communicate in an open, and effective way to promote the health, safety and wellbeing of people who use health and care services and their carers.
- 5. Respect a person's right to confidentiality.
- 6. Strive to improve the quality of healthcare, care and support through continuing professional development.
- 7. Uphold and promote equality, diversity and inclusion.

Key Responsibilities:

The role will work closely with the Clinical Practitioner in ensuring safe care and monitoring service users in the Hub. The role will focus on supporting all clinical activities relating to patient care during implementation of management plans.

- 1. This role will work closely with the Clinical Practitioners to facilitate the completion of the triaging process, Hub admission logbook, the Covid 19 guidelines and Physical Health monitoring.
- 2. To supervise and monitor service users whilst in the waiting area for their clinical assessment
- 3. The role will be expected to support the ICAH Senior Practitioners during assessment of the service user
- 4. To support service users with practical issues that might involve non-clinical activities following an assessment within the Hub.
- 5. Escalate issues relating to service user care within the Hub to ICAH clinicians or the ICAH Lead
- 6. Engage and support with telephone discussions which relates to day to day activities within the Hub

Leadership

- Be responsible for safety and close monitoring of patients while receiving care at the Hub.
- Undertake duties identified in each client's individual care plan which the post holder is trained, competent and confident to perform.
- Monitor patient's mental state and provide clinical interventions accordingly.
- Follow the treatment plan and feedback on the patient's progress and highlight need for reassessment when needed.
- Implement, evaluate and modify nursing interventions as directed.

Clinical Skills

- Work alone at times in the clinical environment and in the community, under the direction of the registered nurse/Senior STR worker and always with access to support and supervision.
- Modify intervention as needed depending on risk assessment, the situation and own skills and knowledge. Refer back to the registered nurse/Senior STR Worker for support and advice ensuring that they are aware of any modifications made.
- Inform patients of facts using empathy, understanding and reassurance, adjusting communication style to the needs of the patient. This includes promoting and upholding the rights and diversity of individuals.
- Deal calmly and professionally with direct/indirect exposure to angry or distressed patients or highly distressing or emotional information (e.g. complaints and serious incidents) about services and staff performance.
- Demonstrate an understanding of nursing and apply this using specific knowledge and skills.
- Develop knowledge of nursing techniques and clinical skills, using competency frameworks as appropriate to the setting, and to patients with a wide range of conditions.
- Understand and deliver care in line with NELFT Safeguarding Policies (Adults and Children) and the Whistle Blowing Policy. Discuss issues of safeguarding with staff and ensure appropriate advice is sought and received when required.
- Work collaboratively with other services, which may include children's services. Ensure
 robust communication and liaisons where relevant information, relating to a child or young
 person (0-19), is obtained during the course of their work.
- Order equipment & resources as agreed or directed by the registered nurse/Senior STR Worker.
- Understand and apply the eligibility criteria for services and adhere to organisational standards of practice.
- Reflect on and evaluate your own values, priorities, interests and effectiveness.
- Promote health, safety and security in the work setting.
- Understand how to enable, move and position individuals in accordance with their plan of care.
- Demonstrate, and instruct, on the use of equipment to ensure safety.
- Advise family on prevention of accidents.
- Report any incident/untoward incidents/near misses to self, patients or carers to the manager.
- Minimise the risk of spreading infection by cleaning, disinfecting and maintaining environments. Perform hand hygiene and use personal protective equipment to prevent the spread of infection.
- Recognise the need for further advice, guidance and support as appropriate.



Computer/Administration

- Organise own day to day activity in liaison with the registered nurse/Senior STR.
- Exercise good personal time management, punctuality and consistent reliable attendance.
- Manage frequent interruptions to respond to requests from other staff.
- Analyse basic patient information to make informed decisions.
- Maintain accurate and complete patient records.
- Keep up to date with relevant Health and Social Care developments.
- Participate in the planning, reviewing and development of services.
- Contribute to research and development being carried out, collect information and evidence as requested. This includes maintenance and dissemination of information (written and electronic).
- Undertake and assess risk assessments providing feedback to the team as necessary e.g., in relation to lone working. Manage risk effectively within various settings.
- Maintain stocks of equipment and ensure safe, competent, and efficient use of equipment which is well maintained. Report any defects.

Communication

- Form professional relationships with patients and carers and communicate with them in a way that respects their views, autonomy and culture.
- Communicate with other staff and agencies as appropriate in written and oral format to report on patient performance and progress.
- Contribute to multi-disciplinary meetings and case conferences, helping to ensure that there is an integrated approach, which benefits the patient's overall care and discharge plans.
- Ensure that service users engage effectively with the agreed care plan and access appropriate services.
- Constructively manage barriers to effective communication.
- Assist in obtaining valid patient consent and work within a legal framework with patients who lack capacity to consent to treatment.
- Report effectively to the relevant team on patients' performance and progress.
- Attend meetings and feedback relevant information.

Training

- Participate in the Trusts Performance Appraisal scheme and be responsible for own personal CPD (continuous personal development) by identifying own areas of development and undertaking relevant activities to meet objectives.
- Keep a record of own training and development.
- Share knowledge and experiences both formally and informally.
- Take a flexible approach in supporting colleagues during times of workload pressures.
- Participate in the training, induction and teaching of related skills and techniques to other support staff.
- Actively participate in clinical supervision.
- Actively participate in management supervision.

Specific Tasks directly related to the post:

• Working independently as required and provide support with daily living to empower people to live independent lives.



- Supporting service users to identify early signs of mental health relapse and alert appropriate staff involved in the person's care.
- Working in isolated situations with Service Users who may be vulnerable or at risk.
- Establishing supportive and empowering relationships with the Service User and their carers.
- As identified in the support plan, enable the Service User to maintain own personal care needs.
- Monitoring and reporting any changes, both positive and negative, within the Service Users life to the Team and at other relevant times.
- Supporting Service Users to gain access to resources to include benefits, welfare rights and health promotion.
- Ensuring that the Service User understands who to contact within the different agencies involved in the support plan.
- To take appropriate courses of action in an emergency

Please note that this job description is not exhaustive. The post holder may have specific skills which mean that they may work outside of the competency boundaries for this role.

For HR Use Only:			
Date of template:	1 January 2015	Version: 1	
For Manager Use Only:			
Date last reviewed:	23 October 2014		
Date to be reviewed:	Insert date job description to be reviewed by manager		
Signed:		Dated:	
(Manager)			
Signed:		Dated:	
(Employee)		Daleu	



Additional Information

Health & Safety

Employees must be aware of the responsibilities placed upon them under the Health & Safety at Work Act (1974) and subsequently published regulations to ensure that the Trust's Health and Safety policies and procedures are complied with to maintain a safe working environment for patients, visitors and employees.

Infection Control

Each staff member has a duty to take personal responsibility for the prevention and control of infection, in accordance with Trust Infection Prevention and Control Policies, which reflect the statutory requirements of the Health Act 2006 – Code of Practice for the Prevention and Control of Healthcare Associated Infection. They must attend mandatory training in Infection Control and be compliant with all measures required by the Trust to reduce HCAIs.

Risk Management

You will be responsible for adopting the Risk Management Culture and ensuring that you identify and assess all risks to your systems, processes and environment and report such risks for inclusion within the Trust Risk Register. You will also attend mandatory and statutory training, report all incidents/accidents including near misses and report unsafe occurrences as laid down within the Trust Incidents

Safeguarding Children and vulnerable adults

North East London NHS Foundation Trust (NELFT) is committed to safeguarding and promoting the welfare of children and adults and to protecting them from the risks of harm. The Trust recognises its responsibility to ensure that safe working conditions and systems are in place for staff working with children, adults and families in their care. Staff are required to comply with Trust policies on Safeguarding.

Standards of Business Conduct & Conflict of Interest

The NHS Code of Conduct and Standards of Business conduct for NHS Staff require all employees to declare all situations where you or a close relative or associate has a controlling interests in a business [such as a private company, public organisation or other NHS or voluntary organisation] or in any activity which may compete for any NHS contracts to supply goods or services to the Trust. All such interests must be declared in the Trust's register of interests either on appointment or when such interests are gained.

As an employee you are required to make yourself aware of and adhere to the Trust's governance policies, such as Standing Orders and Standing Financial Instructions.

Sustainability

All staff has a responsibility for delivering high quality healthcare in a low carbon environment, where energy is used wisely and not wasted. It is the responsibility of all staff to minimise the Trust's environmental impact by recycling where possible, switching off lights, computers, monitors and equipment when not in use, minimising water usage and reporting faults promptly.



Smoking Policy

It is the Trust's policy to promote health. Smoking, therefore, is actively discouraged. It is illegal within the Trust buildings and vehicles.

Codes of Conduct

North East London NHS Foundation Trust (NELFT) requires the highest standards of personal and professional conduct from all of its employees. All employees must comply with the Code of Professional Conduct appropriate to their professional governing body.

As an NHS employee, you are required to observe the following principles:

- Make the care and safety of patients my first concern and act to protect them from risk;
- Respect the public, patients, relatives, carers, NHS staff and partners in other agencies;
- Be honest and act with integrity;
- Accept responsibility for my own work and the proper performance of the people I manage;
- Show my commitment to working as a team member of working with all my colleagues in the NHS and the wider community;
- Take responsibility for my own and continuous learning and development

Data Protection

Personal data is protected under the Data Protection Act (1999) and the post holder will ensure that it is securely held and that the requirements of the Act are followed. It is the responsibility of all staff whose jobs requires them to record information in Trust Computer systems (e. g RIO and ESR) to ensure that the data entered into these systems is of high data quality and that information is recorded correctly and in a timely manner. Failure to adhere to this requirement could be considered a disciplinary matter

Information Security and Confidentiality

All employees are required to observe the strictest confidence with regard to any patient/client information that they may have access to, or accidentally gain knowledge of, in the course of their duties.

All employees are required to observe the strictest confidence regarding any information relating to the work of the Trust and its employees.

You are required not to disclose any confidential information either during or after your employment with the Trust, other than in accordance with the relevant professional codes.

All person identifiable information must be held in the strictest confidence and should be disclosed only to authorised people in accordance with NHS Confidentiality Guidelines [Caldicott] and the Data Protection Act 1998 unless explicit written consent has been given by the person identified, or where information sharing protocols exist.

Failure to comply with these regulations whilst in the employment of the Trust could result in action being taken under the Trust Disciplinary Policy and Procedure.



Equality and Diversity

North East London NHS Foundation Trust (NELFT) is committed to the implementation of the Equality and Diversity at Workplace policy which ensures equal opportunities for all. NELFT is also committed to embracing diversity and eliminating discrimination in both its role as an employer and as a provider of services. It aims to create a culture that respects and values each other's differences, promotes dignity, equality and diversity and encourages individuals to develop and maximise their potential. The Trust will ensure that it provides equal and fairness for all, and not to discriminate on the grounds of gender, marital status, race/ethnicity, disability, sexual orientation, religion, transgender or gender reassignment status, age, marriage or civil partnership/same sex marriage, and because of you being pregnant or being on maternity/paternity leave. All staff are required to observe this policy in their behaviour to employees and patients/service users.

Key Performance Indicators (KPI)

Each individual and service will be set KPIs and achievement against these will be regularly reviewed. Performance against individual and service KPI's will be routinely monitored by your manager.

Review of this Job Description

This job description is intended as an outline of the general areas of activity and will be amended in the light of the changing needs of the organisation. To be reviewed in conjunction with the post holder.

Other Duties

There may be a requirement to undertake other duties as may reasonably be required to support the Trust. These may be based at other Trust managed locations.



Person Specification

	Essential	Desirable	Measurement
Demonstration of Trust Values			
Putting people first	✓		Application Form Interview Assessment
Prioritising quality	✓		Application Form Interview Assessment
Being progressive, innovative and continually improve	✓		Application Form Interview Assessment
Being professional and honest	✓		Application Form Interview Assessment
Promoting what is possible, independence, opportunity and choice	✓		Application Form Interview Assessment
Qualifications			
NVQ level 2 or equivalent standard of literacy and numeracy	✓		Application Form Assessment
Relevant NVQ level 3 or equivalent	✓		Application Form Interview
Demonstrates a commitment to further learning and development		✓	Application Form Interview
Experience			
Relevant experience in a healthcare setting and base level of theoretic knowledge	✓		Application Form Interview Assessment
Working with the public	✓		Application Form Interview Assessment
Ability to work as part of a team	✓		Application Form Interview Assessment
Knowledge			
Knowledge and understanding of equipment for independence	✓		Application Form Interview Assessment
Awareness of relevant nursing techniques	✓		Application Form Interview Assessment
Knowledge of patient/client conditions relevant to the community setting	√		Application Form Interview Assessment



Understand the need for	✓	Application Form
professional conduct		Interview
		Assessment
Health, safety and risk	✓	Application Form
awareness in care		Interview
settings		Assessment
An awareness of NHS	✓	Application Form
Plan, NSF and clinical		Interview
governance priorities		Assessment
Skills		
Ability to work under own	✓	Application Form
direction		Interview
		Assessment
Ability to work under	✓	Application Form
pressure and with	·	Interview
flexibility		Assessment
Basic awareness of IT	✓	Assessment Application Form
and IT skills including	,	Interview
knowledge of Microsoft		Assessment
Word and Excel		Assessment
		Application Form
Competent listening and	•	Application Form
observation skills		Interview
		Assessment
Good level of	•	Application Form
communication skills		Interview
(written and verbal)		Assessment
Positive interpersonal	✓	Application Form
skills		Interview
		Assessment
Ability to teach technical	✓	Application Form
skills and life skills to		Interview
patients		Assessment
Able to contribute to the	✓	Application Form
training of other		Interview
staff/students		Assessment
Understand need for	✓	Application Form
patient confidentiality		Interview
·		Assessment
Awareness of the needs	✓	Application Form
of elderly people		Interview
, ,		Assessment
Awareness of community	✓	Application Form
issues		Interview
		Assessment
Empathy for different	→	Application Form
client groups		Interview
chart groups		Assessment
Other	+	AGGGGHIGHT
Able to travel efficiently	→	Application Form
throughout the area	•	Interview
inoughout the area		Assessment
		Assessinell

