

BWRDD IECHYD PRIFYSGOL BETSI CADWALADR

MANYLEB Y PERSON

Teitl y Swydd: Ffisiotherapydd (yn gweithio saith diwrnod)

Graddfa: Band 6

	HANFODOL	DYMUNOL	DULL ASESU
Cymwysterau	• Gradd mewn Ffisiotherapi neu gyfwerth. • Cofrestriad HCPC. • Tystiolaeth o CPD mewn Ffisiotherapi ar ffurf portffolio datblygiad personol manwl.	• Aelodaeth o gorff hyfforddiant ôl-radd proffesiynol priodol. • Aelodaeth o grŵp diddordeb clinigol / arbennig perthnasol. • Cwrs addysgwr clinigol. • IQT Efydd.	• Ffurflen Gais • Tystysgrifau • CV • CPD
Profiad	• Profiad ôl-gofrestru sylweddol. • Tystiolaeth o gylchdroi craidd. • Profiad o weithio i'r GIG fel ffisiotherapydd a / gweithio'n amlddisgyblaethol / aml-asiantaethol lle bo'n berthnasol.	• Profiad o gyfrannu at CNG neu weithgorau. • Profiad yn y maes arbenigol perthnasol.	• Ffurflen Gais • CV • Cyfweliad • Geirdaon
Sgiliau	• Sgiliau rhesymu clinigol rhagorol mewn ffisiotherapi. • Yn gallu gweithio'n ymreolaethol yn eich maes clinigol. • Sgiliau cyfathrebu effeithiol. • Yn gallu arwain a chyfranogi mewn gwaith a hyfforddiant tîm. • Hunan-gymhelliad. • Sgiliau llafar ac ysgrifenedig rhagorol.	• Cymryd rhan weithredol mewn ymchwil a chyfrannu at ymarfer seiliedig ar dystiolaeth. • Yn gallu rhedeg cyrsiau mewnol / allanol. • Sgiliau addysgu a goruchwylio da. • Yn gallu creu cyflwyniadau. • Sgiliau ymchwil. • Sgiliau hyfforddiant	• Tystysgrifau • CV • Geirdaon • Cyfweliad • Portffolio CPD

	• Yn gallu cyflwyno gwybodaeth mewn ffordd glir a rhesymegol. • Sgiliau cyflwyno da. • Sgiliau trefnu amlwg gan gynnwys blaenoriaethu a dirprwyo. • Yn gallu arwain a symbylu eraill yn y tîm. • Yn gorfforol ffit ac yn gallu symud a chodi llwythi, gan gynnwys yn yr ystyr therapiwtig, drwy'r rhan fwyaf o'r dydd. • Cymhwysedd mewn ysgrifennu adroddiadau. • Yn gallu deall a gweithio'n unol â pholisïau Diogelu Data, Cyfle Cyfartal ac Iechyd a Diogelwch y Bwrdd Iechyd, i gwrdd â'r gwahanol anghenion sydd gan gleifion. • Gwybodaeth am a sgiliau asesu risg.	personol. • Hyfforddiant PDR.	
Gwybodaeth	• Gwybodaeth dda am gyflyrau cymhleth. • Uwch wybodaeth am yr anatomi a'r ffisioleg sydd wrth wraidd patholeg gymhleth. • Gwybodaeth weithio dda am bob maes llywodraethu clinigol gan gynnwys ansawdd, archwilio a rheoli risg. • Dealltwriaeth o gyfrifoldebau cyfreithiol y proffesiwn. • Dealltwriaeth dda bod angen casglu ystadegau a phrofiad o'u defnyddio.		• Tystysgrifau • CV • Geirdaon • Cyfweiliad • Portffolio CPD

	• Dealltwriaeth gyffredinol o bolisiau a gweithdrefnau BCU. • Ymwybyddiaeth o anabledd.		
Nodweddion Personol	• Yn gorfforol ffit i gydymffurfio â Chanllawiau'r Bwrdd Iechyd ar Godi a Symud. • Yn gallu gweithio drwy ganolbwyntio'n ddwys drwy'r rhan fwyaf o'r diwrnod gwaith. • Yn gallu cwrdd â gofynion cynllunio a darparu saith diwrnod y swydd. • Yn gallu gweithio mewn amgylchedd o straen lle gallai'r annisgwyl ddigwydd. • Yn gallu cyflawni ymdrech gorfforol gymedrol i ddwys drwy gydol y diwrnod gwaith a chyflawni nifer o weithgareddau ar yr un pryd. • Yn gallu cwrdd â gofynion teithio'r swydd.	• Yn siarad Cymraeg.	• Tystysgrifau • CV • Geirdaon • Cyfweiliad • Portffolio CPD

BIPBC

GWYBODAETH FFACTOR YMDRECH I GEFNOGI SWYDD DDISGRIFIADAU

Dylid cwblhau'r ddogfen hon ar gyfer bob disgrifiad swydd a'i gyflwyno ynghyd â'r disgrifiad swydd cytunedig a'r fanyleb bersonol. Ar ôl astudio'r wybodaeth yn ymwneud â'r ffactorau ymdrech, rhwch ddisgrifiad manwl o'r ymdrechion sydd eu hangen i'r rôl o dan bob pennawd. Nodwch amlder amlygiad fel a ganlyn:

D= Dyddiol W = Wythnosol M = Misol
A=Unwaith/Ddwywaith y flwyddyn

Ymdrech Gorfforol

Amledd: **D**

Asesu a thrin cleifion ag anableddau corfforol - cynorthwyo adsefydlu.

Therapi â llaw i gynnwys cyfnodau hir o amser i gynorthwyo'r claf i gefnogi eu pwysau corff Gwthio a thynnu cleifion mewn cadeiriau olwyn Efallai y defnydd o offer, a fydd yn ofynnol symud offer

Ymdrech Feddyliol

Amledd:D

llwythi gwaith anrhagweladwy. ymyriadau aml i ddelio ag ymholiadau dros y ffôn gan achosi newid mewn blaenoriaethau ar gyfer rhyddhau neu asesu cleifion Asesiad o broblemau patholeg aml sy'n gofyn cyfnodau hir o ganolbwyntio

Ymdrech Emosiynol

Amledd:D

Delio â chleifion a gofalwyr nad ydynt yn ymateb i fewnbwn physiotherapeutic

Delio â chleifion â salwch terfynol

Delio â glaf mewn poen a allai arwain at ymddygiad ymosodol ar lafar

Amodau Gwaith

Amledd:

Delio â hylifau corfforol e.e. crachboer, cyfog, wrin
gweithio unigol pan ar alwad neu mewn lleoliad clinigol o bell

Betsi Cadwaladr University Health Board

Person Specification

Job Title : Physiotherapist (7 Day Working)

Grade : Band 6

	ESSENTIAL	DESIRABLE	METHOD OF ASSESSMENT
Qualifications	• Degree or equivalent in Physiotherapy • HCPC registration • Evidence of CPD in Physiotherapy in the form of a detailed personal development portfolio.	• Membership of appropriate professional post-graduate training body • Relevant Special/Clinical interest group membership • Clinical educators course • Bronze IQT	• Application form • Certificates • CV • CPD
Experience	• Significant Post Registration Experience • Evidence of core rotations • Experience of working in an NHS environment as physiotherapist and MDT/ multi-agency working where relevant	• Experience of contribution to CNG or working parties. • Experience in the relevant speciality	• Application form • CV • Interview • References
Skills	• Excellent clinical reasoning skills in physiotherapy • Ability to work autonomously within clinical area • Effective communication skills • Able to lead and participate in team working and training • Able to be self-motivated • Excellent verbal & written skills • Able to present information in a clear and	• Actively involved in research and contribution to evidence-based practice • Able to run courses-internal/external • Good teaching and supervisory skills • Ability to create presentations • Research skills • Coaching skills • PDR training	• Certificates • CV • References • Interview • CPD portfolio

	- logical manner • Good presentation skills • Proven organisational skills including prioritisation and delegation • Able to lead and motivate others within the team • Physically fit and able to manually handle loads, including therapeutic handling, throughout most of the day • Competency in report writing • Ability to comprehend and work in accordance with the health board's Data Protection, Equal Opportunities and Health and Safety policies, in order to meet the differing needs of patients • Knowledge and skills of risk assessment		
Knowledge	• Good knowledge of complex conditions • Advanced knowledge of anatomy and physiology underlying complex pathology • Good working knowledge of all areas of clinical governance including quality, audit and risk management. • Understanding of the legal responsibilities of the profession • Good understanding of the need to collect statistics and experience of their use • Broad understanding of BCU policies and procedures • Disability awareness.		• Certificates • CV • References • Interview • CPD Portfolio

Personal Qualities	• Physically fit to comply with the health board's Manual Handling Guidelines • Able to work at intense levels of concentration during most of the working day • Able to meet the 7 day job planning and delivery requirements of the post • Able to work within a stressful and unpredictable environment • Able to carry out moderate to intense physical effort throughout the working day and carry out concurrent activities • Able to meet the travel requirements of the post	• Welsh speaking	• Certificates • CV • References • Interview • CPD Portfolio
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Effort factor information to support job descriptions

PHYSICAL EFFORT

Frequency Daily

- Frequency required to exert moderate physical effort such as performing manual techniques, demonstrating exercises, facilitating normal movement

MENTAL EFFORT

Frequency Daily

- Need to concentrate to assess and administer treatment.
- Writing of notes, discharge letters, reports.
- Able to carry out concurrent tasks
- Unpredictable working patterns: being asked to change normal role i.e. provide physiotherapy cover to other sites or settings; deputise for more senior staff; provide managerial cover. May have frequent interruptions to deal with telephone enquiries causing a change in priorities for patient discharge or assessment and coordinating cover.
- Required to support staff through distress or anxiety as it occurs.

EMOTIONAL EFFORT

Frequency Weekly

- Having to deal with patients, children, families and carers (as relevant) who may be angry, anxious, upset or distressed.
- Giving unexpected and potentially distressing diagnoses/prognoses

WORKING CONDITIONS

Frequency Daily

- Dealing with aggressive behaviour from patients/carers
- Coming into contact with dirt, fleas, lice, body odours of patients
- Coming into contact with body fluids, saliva, sputum (chest care), blood (acupuncture), vomitus, urine and faeces
- Working in unpredictable environment
- Working on single-handed basis at times

