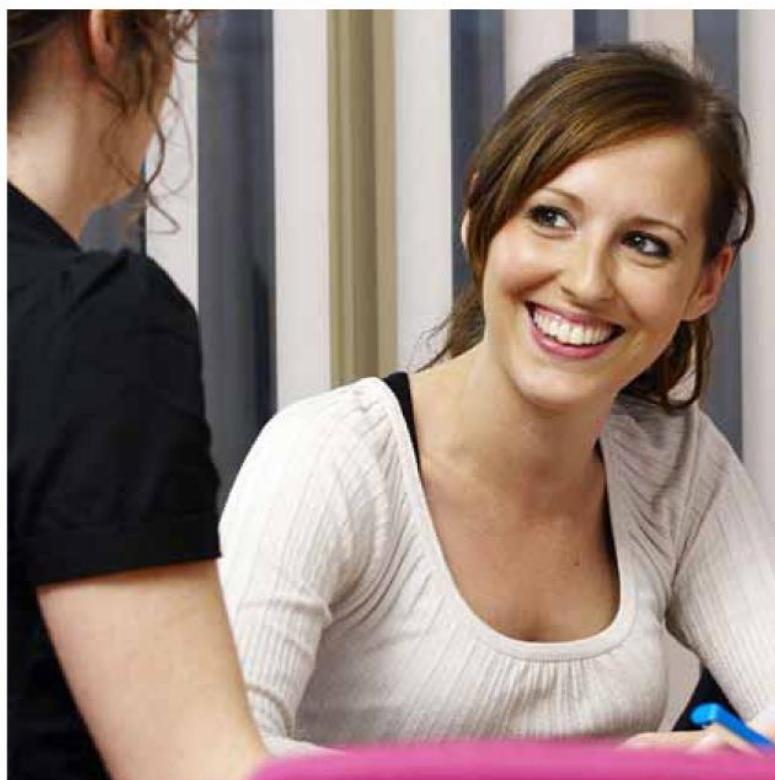




## Job description and specification



## Integrated Care Assistant Band 3



## JOB DESCRIPTION

**JOB TITLE:** Integrated Care Assistant

**BAND:** 3

**RESPONSIBLE TO:** Band 8a

### KEY RELATIONSHIPS:

| Internal   | External                                     |
|--|--|
| Community Hospitals Manager<br>Community Hospital MDT<br>Intensive Rehabilitation Service<br>Bed Management Team<br>Other NELFT services | Carers<br>Acute partners<br>Interserve Staff |

### CONTROLS ASSURANCE STATEMENT:

The purpose of this job description is to outline the level of responsibility and accountability of this post. This will ensure that all work undertaken by our staff is clearly identified and carried out under clear lines of accountability.

#### Aim of the role:

The post holder will be expected to support their team, department and organisation to achieve the Trust's Values in their day to day work. These are the 5P's:

- Putting people first
- Prioritising quality
- Being progressive, innovative and continually improve
- Being professional and honest
- Promoting what is possible – independence, opportunity and choice

The post holder will have successfully completed an NVQ/BTEC in Health & Social Care and will support the Inpatient MDT in the provision of assessments and treatments, implementing and evaluating programmes of care with supervision. They will demonstrate a commitment to collaborative working whilst actively supporting and liaising with other health and care professionals.

The Integrated Care Assistant (ICA) will work within the Inpatient MDT under the line management of the Inpatient MDT carrying out delegated rehabilitation and health care duties for clients within the ward. The team leader acknowledges accountability of all delegated care.



The post holder will work under the supervision of and alongside the nurses and therapists to carry out delegated nursing care, therapies rehabilitation programmes and remedial group activities within the ward.

The post holder will work in partnership with other members of the MDT and other agencies to ensure that excellent standards of care are provided, supporting their peers and team leaders by being an effective team member whilst working on their own initiative.

### **Key Responsibilities:**

- To be responsible for organising and prioritising own delegated workload.
- To have organisational knowledge relating to Trust protocols and procedures and adhere to them, particularly administration of medicine and moving and handling.
- To be responsible for providing accurate records of information required by the Trust for audit purposes.
- To ensure effective risk management at team level by accident/incident reporting, assessing and controlling risk and ensuring residual risks are added to the Trust register.
- To plan and organise own delegated work.
- To identify and report any changes in patient care needs or changes in physical or emotional well-being to the MDT leads.
- To maintain accurate records-record new problems as they are identified and report all actions taken to the MDT.
- To act as the patient's advocate and, by providing information and support, facilitate the patient's own choices with regard to personal care, promoting independence and self-care as appropriate.
- To be skilled in communication, establishing and maintaining good relationship with patients, carers, members of the MDT.
- To maintain, update and develop personal, professional knowledge and skills achieving high standards of patient care at all times.
- To undertake specific nursing and therapy tasks following completion of theoretical training acquisition of competency.
- To maintain confidentiality in all dealings with patients and their records.
- To offer support and to teach patients, relatives and other carer's appropriate skills, imparting knowledge to promote positive health.
- To have knowledge of and be able to effectively use available resources.
- To participate in the support of student nurses and new staff in the locality.
- To undertake training, this will lead to new skills being developed, in order to develop Services
- Reflect on practice regularly and plan personal development in order to achieve growth development.
- Access supervision from the qualified team members to enhance own practice.
- To partake in internal rotations as per service requirements

### **Leadership**

- To participate in the development of an effective team and the development of productive working relationships throughout the Trust.
- To actively promote integrated health professional working internally and externally.
- To facilitate the development of a positive and 'supportive' team culture by taking responsibility for dealing effectively with potential conflict.
- To take an active interest in working parties and groups within the Trust to develop and improve on service delivery, protocols and guidelines.



- To participate in the audit process, linking in with the clinical governance agenda.
- To advise, encourage and share knowledge utilising the latest research and practice development, through literature and peer reviews.

## **Clinical Skills**

- To provide patients and relatives with information and education thus ensuring they have meaningful choices that promote dignity, independence and quality of life.
- To ensure practice is supported by research, evidence based practice, literature and peer review.
- To maintain accurate records and statistical returns as required by the Organisation including entering data onto the Rio system within the required time frame.
- To attend and contribute to team and other relevant meetings.  
To report and document any incident or accident occurring to a patient or a member of staff
- To be responsible for the care and safe keeping of equipment issued and to report any defect or loss.  
To carry out delegated task as necessary to support the work of the team as instructed by the MDT Leads and other team members.
- Contribute to the effective and efficient use of resources by ensuring that supplies are available, alerting senior staff when supplies are short and by making suggestions to reduce waste
- To participate in Clinical Supervision on a regular basis with a designated person.
- To participate in self-appraisal and performance review.
- To participate in ICA competency framework.
- To maintain appropriate and up-to-date knowledge and skills and to undertake continuing education in accordance with personal and service needs within the framework of a Personal Development Plan (PDP) and mandatory training requirements.
- To be aware of and report any safeguarding issues and complete any documentation to support this.

This is a description of the duties of the post as it is at present. This is not intended to be exhaustive and does not, therefore, form part of your contract of employment. The job will be reviewed on a regular basis in order to ensure that the duties meeting the requirements of the service and to make any changes necessary. This procedure will be conducted by each manager in consultation with those working directly with him/her. You will, therefore, be expected to participate fully in such discussions. NELFT aims to reach agreement to changes

The post-holder will undertake through each patients individual care plan those duties delegated by the MDT lead, which the Integrated Care Assistant has been trained and is competent and confident to perform:

## **Band 3**

- Exercise Programmes/Groups
- Provision of walking aids prescribed by physiotherapy
- Occupational Therapy programmes and equipment prescribed by Occupational therapists
- Provision of physiotherapy programmes prescribed by qualified physiotherapists
- Supporting qualified physiotherapists and occupational therapists to carry out rehabilitation treatments





- Urine testing
- Involvement in auditing
- Developing IT skills/management
- Continence assessment/management
- Collection of specimens, i.e. CSU, MSU, Wound swab
- Care of the dying patient
- Blood glucose monitoring
- Blood Pressure Monitoring
- Supporting patients to carry out activities of daily living

The above is not an exhaustive list of expected duties to be undertaken. Full training and competencies will be given to ensure that the post holder has the appropriate skills to undertake the above. This list can be added to at yearly appraisal in keeping with service development and changing roles expected of Band 3 Integrated Care Assistants.

### **Computer/Administration**

- To be computer literate and encourage implementation of the Trust's IM&T Strategy.
- To ensure accurate recording of actions, and updating patient's records, maintaining confidentiality at all times.
- To take part, and assist, in the planning and administration relating to day to day running of the caseload using Rio.
- To record activity and client related information on manual and IT (RIO & Health Analytics) systems.

### **Communication**

- To have a wide range of knowledge in approaches to communicating and managing patient care.
- To be able to effectively communicate with colleagues, peers, senior managers and clinical leads within the Trust.
- Participate in the review and development of clinical policies and identifies improvements to service provision.
- Responsibility for ensuring that appropriate methods are initiated to facilitate effective communication with clients and informal carers who may experience communication difficulties e.g. those who have mental health issues, learning difficulties, cognitive or sensory impairment or those who require interpreters.
- The post holder will have access to confidential data on staff and patients within NELFT. Failure to maintain confidentiality may lead to disciplinary action, which could ultimately lead to dismissal.
- Be able to use computer systems including Rio, Word and E-mail for effective communication of information.
- To record activity and client-related information on manual and IT systems.
- To provide verbal and written communication with the multi-disciplinary team to co-ordinate effective client care or service/clinical development, including referrals and sharing of care plans where appropriate to support integrated, patient-centred care, in line with the unique care initiative

### **Training**



- To ensure own continued professional development and support a culture of lifelong learning in self and others.
- To undertake, and assist, in the planning of own mandatory training and workshops.
- To undertake a regular appraisal, developing a personal development plan that includes clinical competencies reflecting the health needs of the local population and relates to Trust strategy.
- To support new staff and their integration within the team.
- To undertake the ICA competency framework
- To support training as part of the role including changes to professional development and implementation of new policies and guidelines.

## **Additional Information**

### **Health & Safety**

Employees must be aware of the responsibilities placed upon them under the Health & Safety at Work Act (1974) and subsequently published regulations to ensure that the Trust's Health and Safety policies and procedures are complied with to maintain a safe working environment for patients, visitors and employees.

### **Infection Control**

Each staff member has a duty to take personal responsibility for the prevention and control of infection, in accordance with Trust Infection Prevention and Control Policies, which reflect the statutory requirements of the Health Act 2006 – Code of Practice for the Prevention and Control of Healthcare Associated Infection. They must attend mandatory training in Infection Control and be compliant with all measures required by the Trust to reduce HCAs.

### **Risk Management**

You will be responsible for adopting the Risk Management Culture and ensuring that you identify and assess all risks to your systems, processes and environment and report such risks for inclusion within the Trust Risk Register. You will also attend mandatory and statutory training, report all incidents/accidents including near misses and report unsafe occurrences as laid down within the Trust Incidents

### **Safeguarding Children and vulnerable adults**

North East London NHS Foundation Trust (NELFT) is committed to safeguarding and promoting the welfare of children and adults and to protecting them from the risks of harm. The Trust recognises its responsibility to ensure that safe working conditions and systems are in place for staff working with children, adults and families in their care. Staff are required to comply with Trust policies on Safeguarding.

### **Standards of Business Conduct & Conflict of Interest**

The NHS Code of Conduct and Standards of Business conduct for NHS Staff require all employees to declare all situations where you or a close relative or associate has a controlling interests in a business [such as a private company, public organisation or other NHS or



voluntary organisation] or in any activity which may compete for any NHS contracts to supply goods or services to the Trust. All such interests must be declared in the Trust's register of interests either on appointment or when such interests are gained.

As an employee you are required to make yourself aware of and adhere to the Trust's governance policies, such as Standing Orders and Standing Financial Instructions.

## **Sustainability**

All staff has a responsibility for delivering high quality healthcare in a low carbon environment, where energy is used wisely and not wasted. It is the responsibility of all staff to minimise the Trust's environmental impact by recycling where possible, switching off lights, computers, monitors and equipment when not in use, minimising water usage and reporting faults promptly.

## **Smoking Policy**

It is the Trust's policy to promote health. Smoking, therefore, is actively discouraged. It is illegal within the Trust buildings and vehicles.

## **Codes of Conduct**

North East London NHS Foundation Trust (NELFT) requires the highest standards of personal and professional conduct from all of its employees. All employees must comply with the Code of Professional Conduct appropriate to their professional governing body.

As an NHS employee, you are required to observe the following principles:

- Make the care and safety of patients my first concern and act to protect them from risk;
- Respect the public, patients, relatives, carers, NHS staff and partners in other agencies;
- Be honest and act with integrity;
- Accept responsibility for my own work and the proper performance of the people I manage
- Show my commitment to working as a team member of working with all my colleagues in the NHS and the wider community
- Take responsibility for my own and continuous learning and development

## **Data Protection**

Personal data is protected under the Data Protection Act (1999) and the post holder will ensure that it is securely held and that the requirements of the Act are followed. It is the responsibility of all staff whose jobs requires them to record information in Trust Computer systems (e. g RIO and ESR) to ensure that the data entered into these systems is of high data quality and that information is recorded correctly and in a timely manner. Failure to adhere to this requirement could be considered a disciplinary matter

## **Information Security and Confidentiality**

All employees are required to observe the strictest confidence with regard to any patient/client information that they may have access to, or accidentally gain knowledge of, in the course of their duties.



All employees are required to observe the strictest confidence regarding any information relating to the work of the Trust and its employees.

You are required not to disclose any confidential information either during or after your employment with the Trust, other than in accordance with the relevant professional codes.

All person identifiable information must be held in the strictest confidence and should be disclosed only to authorised people in accordance with NHS Confidentiality Guidelines [Caldicott] and the Data Protection Act 1998 unless explicit written consent has been given by the person identified, or where information sharing protocols exist.

Failure to comply with these regulations whilst in the employment of the Trust could result in action being taken under the Trust Disciplinary Policy and Procedure.

## **Equality and Diversity**

North East London NHS Foundation Trust (NELFT) is committed to the implementation of the Equality and Diversity at Workplace policy which ensures equal opportunities for all. NELFT is also committed to embracing diversity and eliminating discrimination in both its role as an employer and as a provider of services. It aims to create a culture that respects and values each other's differences, promotes dignity, equality and diversity and encourages individuals to develop and maximise their potential. The Trust will ensure that it provides equal and fairness for all, and not to discriminate on the grounds of gender, marital status, race/ethnicity, disability, sexual orientation, religion, transgender or gender reassignment status, age, marriage or civil partnership/same sex marriage, and because of you being pregnant or being on maternity/paternity leave. All staff are required to observe this policy in their behaviour to employees and patients/service users.

## **Key Performance Indicators (KPI)**

Each individual and service will be set KPIs and achievement against these will be regularly reviewed. Performance against individual and service KPI's will be routinely monitored by your manager.

## **Review of this Job Description**

This job description is intended as an outline of the general areas of activity and will be amended in the light of the changing needs of the organisation. To be reviewed in conjunction with the post holder.

## **Other Duties**

There may be a requirement to undertake other duties as may reasonably be required to support the Trust. These may be based at other Trust managed locations.





## Guidance

- Information already listed in the person specification should remain.
- All rows that are marked with a \* and highlighted in yellow can have information added to them.

|  | Essential | Desirable | Measurement   |
|--|-----------|-----------|---|
| <b>Demonstration of Trust Values</b>                             |           |           |   |
| Putting people first   | ✓         |           | Application Form<br>Interview<br>Assessment                           |
| Prioritising quality   | ✓         |           | Application Form<br>Interview<br>Assessment                           |
| Being progressive, innovative and continually improve            | ✓         |           | Application Form<br>Interview<br>Assessment                           |
| Being professional and honest                                    | ✓         |           | Application Form<br>Interview<br>Assessment                           |
| Promoting what is possible, independence, opportunity and choice | ✓         |           | Application Form<br>Interview<br>Assessment                           |
| <b>Qualifications</b>  |           |           |   |
| NVQ3 relevant to role  | ✓         |           | Application Form<br>Interview   |
| Good standard of written and spoken English.                     | ✓         |           | Application Form<br>Interview<br>Assessment                           |
| Demonstrates a commitment to further learning & development      | ✓         |           | Application Form<br>Interview   |
| <b>Experience</b>  |           |           |   |
| Working with the public  | ✓         |           | Application Form<br>Interview   |
| Working as a member of a team                                    | ✓         |           | Application Form<br>Interview   |
| Previous experience in a health care setting                     | ✓         |           | State measurement i.e.<br>Application Form<br>Interview<br>Assessment |
| Willingness to develop new skills.                               | ✓         |           | Application Form<br>Interview   |
| Awareness of a range of Health Service provisions.               |           | ✓         | Application Form<br>Interview   |



|   |   |   |                                       |
|---|---|---|---------------------------------------|
| <b>Knowledge</b>  |   |   |                                       |
| An awareness of NHS Plan, NSF and clinical governance priorities                  | ✓ |   | Application Form Interview            |
| Understanding of patient confidentiality.   | ✓ |   | Application Form Interview            |
| Health & Safety in a primary care setting.  | ✓ |   | Application Form Interview            |
| Awareness of the needs of elderly people.   | ✓ |   | Application Form Interview            |
| Awareness of community issues.  |   | ✓ | Application Form Interview            |
| Understanding of the need for confidentiality.                                    | ✓ |   | Application Form Interview            |
| Empathy for different client groups.  | ✓ |   | Application Form Interview            |
| Ability to undertake manual handling procedures in line with Organisation Policy. | ✓ |   | Application Form Interview            |
| <b>Skills</b>   |   |   |                                       |
| Basic awareness of IT and IT skills   | ✓ |   | Application Form Interview Assessment |
| Computer Literacy.  | ✓ |   | Application Form Interview            |
| Knowledge of Microsoft Word, Excel.   | ✓ |   | Application Form Interview            |
| Communication/telephone skills.   | ✓ |   | Application Form Interview            |
| Ability to work in a team and alone.  | ✓ |   | Application Form Interview            |
| Ability to communicate well verbally and in writing.                              | ✓ |   | Application Form Interview            |
| Ability to use IT packages effectively.   |   | ✓ | Application Form Interview            |
| <b>Other</b>  |   |   |                                       |
| To be aware and demonstrate the Trust Values                                      | ✓ |   | Application Form Interview Assessment |



|  |   |  |                            |
|--|---|--|----------------------------|
| To be able to travel efficiently throughout the area | ✓ |  | Application Form Interview |
| Good attendance                                      | ✓ |  | Application Form Interview |
| Motivated.   | ✓ |  | Application Form Interview |
| Professional appearance.                             | ✓ |  | Application Form Interview |
| Flexible hours to meet service need.                 | ✓ |  | Application Form Interview |
| Reliable   | ✓ |  | Application Form Interview |
| Ability to travel to a variety of sites              | ✓ |  | Application Form Interview |

