

Aneurin Bevan University Health Board

**Division of Family and Therapy Services
Nutrition & Dietetics Department**

Job Description

Department:	Nutrition and Dietetics
Base (Main):	Serennu Childrens Centre
Post title:	Paediatric Dietitian
Grade:	Band 6
Employment hours:	Full time 37.5 hours per week
Managerially accountable to:	Professional Manager for Paediatric Dietetics
Clinically responsible to:	Band 7 Paediatric Dietitians
Responsible for:	Band 5 Rotation post and dietetic assistant practitioner when required

Job summary

Working as part of the ABUHB Paediatric Nutrition and Dietetic team to be involved in the delivery of efficient and effective, evidence based dietetic service for children and young people (CYP).

The post holder must have already attained a sound knowledge and understanding of general paediatric dietetics and be ready to learn from a speciality and work independently. A dietetic knowledge of paediatrics and or/ paediatric enteral feeding is desirable, as the postholder will be responsible for the dietetic care of children requiring home enteral feeding of all ages. The post holder will also be responsible for a general paediatric dietetic clinics and paediatric clinics for children with complex and specialist needs. The regular outpatient clinics will allow the post holder to develop a skill within home enteral feeding whilst maintaining knowledge and skill in general paediatric dietetics such as with allergies, growth failure and nutritional deficiencies. The post holder will be the lead for autism which will provide an opportunity for group work and education. With support the post holder will also be involved in any associated service developments within dietetics.

The post offers an opportunity for learning and development opportunities within a supportive and knowledgeable team. The post holder will work as part of the multi-disciplinary team – alongside paediatricians, home enteral feeding nurses and other therapists to provide care to the child in the home and school environment. The post holder will be involved in training student dietitians.

The post holder will undertake a range of clinical duties as part of this role:

- Assessments of growth and nutritional needs and modifications of feeding regimes to meet requirements
- Joint home visits/assessments with speech and language therapy colleagues and home enteral feeding nurses to children with complex needs
- Supporting families with the provision of blended diet in the home and school environment
- Liaising with schools and education to support a child's nutritional needs in school
- Working alongside a wider MDT team to meet a child's needs
- Provision of a regular general paediatric dietetic outpatient clinic
- Provision of a regular clinic for children with complex and specialist needs
- As required involvement in complex care and safeguarding issues- with support as required

The postholder needs to be enthusiastic and passionate about paediatric dietetics and demonstrate that they are keen to learn and are able to work independently when required but also recognises their scope of practice and need to seek further advice and supervision.

Professional Responsibilities

1. Registration with the Health Care Professions Council (HCPC) and work within the HCPC and British Dietetic Association (BDA) Codes of Professional Conduct. Attend the ABUHB induction programme and other obligatory training.
2. Be professionally and legally accountable and responsible for all aspects of own workload, including prioritisation and risk assessment of workload.
3. Continue to keep up to date with current research and developments through reading journals and attending specialist study days.
4. Participate in PADR review with your allocated reviewer and engage in self-development to improve knowledge and skills to remain competent to practice. Participate in the department Continued Professional Development scheme and attend relevant study days. Become involved in opportunistic research projects and demonstrate the ability to be a reflective practitioner.
5. Promote and advance the Dietetic profession by becoming a member/officer of professional groups on a local and national basis; lecturing, when required, in the dietary management of children with complex needs
6. As appropriate contribute to the development of local and national policies and their implementation.
7. Any additional professional duties as requested by the Professional Manager for Paediatric Dietetics.

Communication

Work with the other members of the team to provide a comprehensive service, prioritising work, balancing all service user related and professional demands. This will include working collaboratively with the multi-disciplinary team and the wider service.

Be familiar with behaviour modification techniques, counselling and negotiation skills to agree appropriate goals and follow up arrangements.

Provide education and teaching to children and young people and their families. Educate and support associated professionals and stake holders

Act as a specialist resource for all health professionals and other agencies, by providing advice and support to patients and health professionals.

Be involved in training dietetic students and as required participate in training other health professionals.

Care of Patients and Service Users

The post holder will work in a variety of settings including hospital, schools and patient's homes. This will include providing expert nutritional advice based on a nutritional assessment.

They will undertake the comprehensive assessment of patients, using investigative and analytical skills to formulate complex care plans using clinical reasoning.

Be familiar with and understand their responsibilities within the ABUHB child protection policy and contribute to multidisciplinary child protection meetings as appropriate

Information and Resources

Communicate relevant information and advice to patients, carers, relatives and healthcare professionals, to ensure understanding of the condition and treatment. This will include those with communication difficulties e.g. learning difficulties, poor hearing, those whose first language is not English and may require an interpreter.

Be responsible for maintaining accurate and comprehensive patient records in line with the Code of Conduct and ABUHB Policies.

Be responsible for ensuring the accuracy of nutritional information given to patients.

Professional Practice

Perform and participate in individual performance review and ensure individual objectives are met and are reflective of the overall objectives of the ABUHB Paediatric Dietetic service and the wider organisation.

Be professionally and legally accountable and responsible for all aspects of own workload including prioritisation and risk assessment of workload.

Play an active role in training student dietitians and mentoring rotation dietitians. Demonstrate professional practice to student and rotational dietitians and contribute to their training by providing constructive feedback and completing assessment tools to provide evidence of learning outcomes.

Research and Development

Participate in clinical audit of standards and effectiveness of Paediatric Nutrition and Dietetic service and ensure clinical interventions are evidence based.

Adopt a variety of mechanisms to examine one's own practice and performance, including the exploration of practice through reflection and validation from patients, carers and colleagues.

Keep up to date with developments in and discussion in relevant specialist groups.

Resource Management

Organise own workload to make best use of time and minimise essential travel.

Participate in the production and update of paediatric dietetic resources, ensuring information is accurate and up to date.

Data Protection

All employees working for or within the NHS who record, handle, store or otherwise come across information, have a personal common-law duty of confidence. The General Data Protection Regulation and Data Protection Act 2018 place restrictions on the use of personal information, including health information. All staff need to acknowledge the importance of health records and their personal responsibilities.

Information security is of prime importance and serious consequences can result should a record go missing. Any disclosure of such information without permission is a disciplinary offence and may result in dismissal.

Flexibility Statement

This job description is a guide to the duties that you will be expected to perform immediately on your appointment. It will be periodically reviewed in the light of developing work requirements and, in consultation with the post holder may well be changed from time to time to meet changes in the Health Board's requirements.

You may wish to request that the above information is presented in the Welsh language.

Post title _____

Name of Post Holder _____

Signature of Post Holder _____

Name of Manager _____

Signature of Manager _____

Date Agreed _____

**Additional Information
Band 6 Paediatric Dietitian**

Factor	Frequency
Physical Effort	
	Frequent
Combination of sitting, standing and walking	
Long periods of time spent at a computer	Frequent
Requirement to travel as demanded by the job role	Frequent
Carrying display equipment to events in the community	Occasional
Carrying weighing and measuring equipment on home visits	Occasional
Mental Effort	
	Frequent
Requirement for concentration within an unpredictable work pattern	
Multi-tasking with complex conditions and competing demands for attention	Frequent
Great attention needed to small details in calculating nutritional requirements and intake for a range of paediatric patients	Frequent
Research into dietetic management of children diagnosed with extremely rare conditions	Occasional
Emotional Effort	
	Frequent
Dealing with the burden of caring for children who have a lifelong chronic condition. Follow up with these patients is often long term and outcomes variable.	
Dealing with children and families coming to terms with the diagnosis of severe medical problems. Helping families to cope when diagnosis / prognosis is often unknown	Frequent
Supporting families and children during terminal stages of disease. Being involved in post bereavement counselling.	Occasional
Dealing with complicated family relationships and multiple carers. Mediating between fractious family members e.g. when there are custody issues,	Occasional
Involvement in team decisions about initiation / withdrawal of life sustaining treatment (tube feeds)	Occasional
Undertaking motivational interviewing often results in parents / children becoming upset as they talk about issues affecting their ability to treat conditions effectively	Frequent
Working with children whose condition is life threatening if dietary compliance is not absolute	Occasional
Working with dietetic emergencies as they arise in addition to normal workload	Occasional
Counselling students who may have emotional issues to deal with	Occasional
Working Conditions	
	Occasional
Exposure to unpleasant working conditions, such as unkempt patients, exposure to vomit, sputum, faeces and blood	