

Sample work plan

Week	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
1	SPA	COD	Off	Theatre Day	off		
2	SPA	COD	Theatre Day	Off	Off		
3	SPA	COD	Theatre Day	off	off		
4	COW	COW	COW	COW	COW	COW	COW
5	off	off	SPA	SPA	COD		
6	off	COD	Off	SPA	Theatre Day		
7	SPA	COD	OFF	Off	Theatre Day		
8	off	COD	off	Theatre Day	SPA		

Additional to this rota there are the following requirements over non specified day:
 Departmental Business Meetings: 2 hours per month allocated at 0.143 PA per month. Patient admin allocated to support review of pre-operative patients ensuring readiness for theatre. 1 hour per week additional allocated at 0.250 PA

Standard theatre day: 08:00 – 18:00 two clinical sessions in theatre, or obstetrics. Each session comprises four hours of clinical work and 30 minutes each for pre-operative and post-operative visits.

SPA: 6 hours per week in accordance with RCoA recommendations.

The PA allocation for this sample is 10PA. The number of theatre sessions can be increased, to alter the average weekly PA commitment.