

CHILD AND ADOLESCENT
MENTAL HEALTH SERVICES

JOB DESCRIPTION

MENTAL HEALTH PRACTITIONER
Intensive Support Team

BAND 6

EAST LANCASHIRE HOSPITALS NHS TRUST

<u>JOB TITLE:</u>	Mental Health Practitioner Intensive Support Team
<u>GRADE:</u>	Band 6
<u>REPORTS TO:</u>	Team Co-ordinator – Intensive Support Team
<u>ACCOUNTABLE TO:</u>	Head of Service
<u>BASE:</u>	Burnley General Hospital

JOB SUMMARY

Working within East Lancashire Child and Adolescent Service, the Child Mental Health Practitioner belongs to one of a number of relevant professional backgrounds (eg Nursing, Social Work, Occupational Therapy etc.) Within a multi-disciplinary framework, at Tier 3 moving to the THRIVE delivery model.

In line with national guidance and the East Lancashire CAMHS Strategy, the Child Mental Health Practitioner will work as a member of the multi-disciplinary team providing direct work with young people and their carers/families. The post holder will also be responsible for providing advice, consultation and education to other non-mental health professionals on the management of child and adolescent mental health problems.

Based within the Intensive Support Team, the post will deliver services both on an in-centre basis (on a Day Unit) and outreach basis so the ability to travel in the community is essential.

PRINCIPLE RESPONSIBILITIES

CLINICAL/PROFESSIONAL

1. Undertake assessments of problems and provide appropriate therapeutic interventions and advice to children and/or their families/carers, particularly around issues relating to therapeutic approaches.

2. Work as part of a multi-disciplinary team, in addition to working as a sole practitioner, contributing to assessment and treatment decisions.
3. Ensure that clinical work is determined by best evidence available, displays clear and logical structure in its implementation and is subject to reflection and evaluation.
4. Be willing to deliver a service in locations other than an outpatient clinic base, balancing those needs of the client and/or family, those determined by the therapeutic intervention and safe practice.
5. Attend and contribute to organized clinical supervision forums with the aim of enhancing one's own and others clinical practice.
6. Liaise and when necessary work, with other professionals involved with children and their families/carers, from agencies such as Health, Social Services, Education, Voluntary Services etc.
7. Work with other professionals in Primary or Secondary Care settings to educate children's mental health needs in families and social settings.
8. Integrate research, audit and evaluation into one's clinical practice.
9. Play an active role in the identification and implementation of clinical service developments.
10. Proactively remain up to date and professionally accountable to the relevant regulatory body code of conduct
11. Play an active part as an autonomous practitioner in the clinical assessment and decision making around children who self harm
12. Participate in the clinical on-call rota providing first line out of hours advice to clinicians and managers within ELHT when required.

ADMINISTRATIVE

1. Effectively manage one's own caseload and work priorities.
2. Maintain a written record of all activities with each case, in accordance with Trust and Service policies, and established best practice.
3. Submit statistical returns as required in relation to the IAPTUS database.

4. Observe the legal requirements of relevant legislation eg. Mental Health Act 1983, The Children Act 1989 and Child Protection Procedures.
5. Comply with all information governance regulations

SERVICE

1. Participate in the training of learners from different disciplines.
2. Participate in Personal and Professional Development Review.
3. Contribute to on-going in-service training and interest groups with other professional colleagues.
4. Contribute to audit and evaluation as required.
5. Participate in all core skills training as required for the job role.

HEALTH & SAFETY

1. Maintain a high standard of safety and to safeguard the welfare of staff and clients at all times, in accordance with Health & Safety at Work Act.
2. Comply with safety/instructions/policies laid down.
3. Refrain from the willful misuse or interference with anything provided in the interests of Health & Safety and any action which might endanger yourself or others.
4. Report as soon as practical all accidents and untoward occurrences and to ensure that accident/incident forms are completed.

KNOWLEDGE AND SKILLS FRAMEWORK/PERSONAL DEVELOPMENT REVIEW

You will be required to undertake an annual personal development review (PDR) which will give you the opportunity to discuss with your manager your progress in relation to your job outline.

Once progression has been agreed you will normally progress to the next incremental point on the pay band 12 months after appointment to this post and to subsequent points every 12 months thereafter, subject to meeting the criteria for progression when you pass through the gateway points.

Posts are subject to a 6 month probationary period.

STANDARDS OF CONDUCT

Ensure that personal actions and conduct comply with the Trust Policies and Procedures e.g. Health and Safety, Tobacco Control Policy, equal opportunities, confidentiality, the Data Protection Act (1998), Moving and Handling Regulations.

Attend training courses as required e.g. induction, moving and handling, fire lectures etc.

Conduct duties with regard to values underpinning the Trust's Vision of Safe, Personal and Effective

- If its about me, involve me
- Working together in partnership
- Aspiring to excellence
- Ongoing improvement of our service

Post holders are expected to work flexibly within their pay band. They should only be expected to carry out activities for which they are competent. Alternatively they may carry out the additional duties if they are receiving support or training in order to obtain the recognised level of competence.

The Trust operates a Tobacco Control Policy and is a 'smokefree' zone. Staff are not permitted to smoke on any hospital premises including the hospital grounds.

PROTECTION OF CHILDREN ACT

The application with which your name is associated will give you substantial access to children. Under provisions issued jointly by the Home Office, DES, DSS and the Welsh Office, this Trust is able to check with the local police force as to the existence and content of a criminal record of any person in such a position. In accordance with the provisions of the Rehabilitation of Offenders Act 1974 (exceptions) order 1975, as amended by the Rehabilitations of Offenders Act 1974 (exceptions) (amendment) order 1986, the police will disclose spent as well as current convictions and cautions, and other relevant information.

In the event that an offer of appointment is made and in order for the Trust to make the necessary enquiries, your written permission for the check to be made is required. Successful candidates are responsible for their own costs in relation to DBS checks.

Any information provided by the police will be treated in the strictest confidence and will be considered only in relation to an application for positions which gave substantial access to children.

REVIEW

All job descriptions are intended to be flexible and should be reviewed from time to time. Job holders are expected to be flexible and be prepared to carry out similar or related tasks which do not fall within the duties previously outlined. The job description should be reviewed and amended in consultation with the job holder.

JW
June 2021