# Static Band 6 Specialist Physiotherapist within Acute Medicine

#### Permanent 37.5 hours

£ 33,706 - £40,588

#### At BLACKPOOL TEACHING HOSPITALS NHS FOUNDATION TRUST

JOB TITLE: Specialist Physiotherapist within Acute Medicine

BAND: Band 6

REPORTS TO: <u>Hospital Physiotherapy and Occupational Therapy Manager</u>

CLINICALLY RESPONSIBLE TO: <u>Clinical Lead Physiotherapist for Acute Medicine</u>

LIAISON WITH: <u>Consultants, Nursing staff and Occupational Therapists, MDT.</u>

LOCATION: <u>Blackpool Victoria Hospital NHS Foundation Trust</u>

CRB DISCLOSURE: This Post is Subject to an Enhanced Criminal Records Bureau Disclosure

### **JOB SUMMARY**

Work within and adhere to the Chartered Society of Physiotherapists (CSP) Code of Ethics and Professional Conduct, The Health Professionals Council (HPC) standards of practice, The Trust relevant policies and guidelines.

The post holder is an autonomous practitioner, responsible for provision of highly specialised assessment, treatment, intervention, and discharge planning of clients referred to the service.

To provide a pro-active, timely and effective Physiotherapy service to the different Acute wards at Blackpool Victoria Hospital. To provide competent assessments for a combination of respiratory, mobility and general rehabilitation patients and formulation of corresponding management plans. This may include complex discharge planning and close liaison with Acute Medicine Consultant.

To participate in providing 7-day service, covering extended weekdays and weekends on a rota basis.

To play a key role in the provision of a high-quality physiotherapy service. Supported by clinically specialised staff, the post-holder will build on previous experience to enable further development of clinical and managerial competencies.

To perform advanced physiotherapeutic assessment of patients with diverse presentations and complexphysical and psychological conditions, to provide a diagnosis and develop and deliver an individualised treatment program.

To hold responsibility for own caseload and be responsible for a defined area of the service or a particular patient type, working without direct supervision. Supervision takes the form of regular formal training and clinical reasoning

sessions, peer review, case conferences. Access to advice and support from a senior physiotherapist is available if required, clinical work is not routinely evaluated.

Supervise, educate, and assess the performance of junior physiotherapists/occupational therapists and assistants.

Supervise, educate, and assess the performance of physiotherapy students; this would be to a graduatestandard and involve working with universities to ensure the standard of practice and teaching meets the standards set by the degree level qualification.

Undertake evidence-based audit and research projects to further own and the teams' clinical practice. Make recommendations to clinical lead/manager of service for changes to practice by the team. May lead the implementation of specific changes to practice or contribute to service protocols.

Work closely with Occupational Therapists and Occupational Therapist assistants to provide an integrated therapy service across different specialties.

Being responsive to hospital flow and work closely with discharge facilitators and the Transfer of Care Hub team.

Complete relevant band 6 and Acute Medicine specific (integrated) competencies.

# **DUTIES AND RESPONSIBILITIES:**

#### Clinical

To be professionally and legally accountable for all aspects of own work, including the management ofpatients in your care.

To undertake a comprehensive assessment of patients including those with diverse or complex presentations/multi pathologies; use advanced clinical reasoning skills and manual assessmenttechniques to provide an accurate diagnosis of their condition.

Formulate and deliver an individual physiotherapy treatment program based on a sound knowledge of evidence-based practice and treatment options using clinical assessment, reasoning skills and knowledge of treatment modalities.

To take delegated responsibility from Clinical Leads for managing patients with specific conditions and be responsible for providing specialist physiotherapy assessment and treatment plans for patients with these conditions.

Formulate accurate prognoses and recommend best course of intervention. Evaluate patient progress, reassess, and alter treatment plan if required and develop comprehensive discharge plans.

Assess patient understanding of treatment proposals, gain valid informed consent and have the capacity work within a legal framework with patients who lack capacity to consent to treatment.

Use a range of verbal and non-verbal communication tools to communicate effectively with patients to progress rehabilitation and treatment programs. This will include patients who may have difficulties in understanding or communicating. For example, patients may be dysphasic, depressed, deaf, blind or may be unable to accept diagnosis.

Work within trust clinical guidelines and CSP guidelines and to have a good working knowledge of national and local standards and monitor own and others quality of practice as appropriate.

To be responsible for maintaining accurate and comprehensive patient treatment records in line with Chartered Society of Physiotherapy (CSP) standards of practice.

To supervise junior physiotherapists, assistants and student physiotherapists record keeping systemaccording to professional and the physiotherapy service standards.

Represent physiotherapy service and / or individual patients at the multi-disciplinary team meetings, to ensure the delivery of a coordinated multidisciplinary service, and integrated physiotherapy treatment into the treatment program. This will include discussion of patient care, patient progress and involvement indischarge planning.

To be responsible for the safe and competent use of all patient appliances and aids and to ensure that junior staff/assistants gain competency prior to use.

To be professional, legally responsible, and accountable for all aspects of your own work including the management of patients in your care. To ensure a high standard of clinical expertise for the patients under your management, supporting more junior staff to do likewise.

To interpret and analyse clinical and non-clinical facts to form accurate diagnosis and prognoses in a wide range of highly complex conditions, to recommend the best course of intervention and to develop comprehensive discharge plans.

To represent the Trust externally regarding physiotherapy services provided to patients with relevant conditions.

To demonstrate highly developed dexterity, co-ordination and palpatory skills for assessment and manual treatment of patients.

To regularly participate in developing policy changes and development of standard operating procedures that will impact on all service users.

To provide spontaneous and planned advice, teaching and instruction to relatives, carers, and other professionals, to promote understanding of the aims of physiotherapy and to ensure a consistent approach to patient care.

To provide specialist advice to physiotherapy colleagues working within other clinical areas.

To assess capacity, gain valid informed consent and can work within a legalframework with patients who lack capacity to consent to treatment.

Participate in the On-call rota and maintain on-call competencies and skills.

#### Professional Leadership and staff management responsibilities

Be responsible for the supervision and co-ordination of band 5 physiotherapists, students, and assistants daily.

Ensure that your own practice and that of staff under your supervision meet the required professional standards of physiotherapy practice.

Be responsible for the safe use of equipment by patients and by junior and student physiotherapists, through teaching, training, and supervision.

To be responsible for organizing and planning own caseload to meet service and patient priorities. Readjusting plans as situations change/arise.

Deputize for senior staff in their absence, taking responsibility for operational management of the team, allocating and organizing the work of the junior and assistant staff to meet service priorities daily.

To maintain own clinical professional development (CPD) by keeping abreast of any newtrends and developments and incorporate them as necessary into your work.

To be an active member of the in-service training program by the attendance and delivery of presentations and training sessions at staff meetings, tutorials, training sessions in house andby attending external courses and practicing reflective practice.

To communicate effectively and work collaboratively with medical, nursing and therapycolleagues to ensure delivery of a coordinated multidisciplinary service

To undertake the measurement and evaluation of your work and current practices using Evidence Based Practice.

To demonstrate a sound understanding of Clinical Governance and Risk Management and to apply to work situations.

### **Organisational**

To be responsible for a designated area of work, as agreed with the Physiotherapy and Occupational Therapy Clinical Leads and the Therapy Manager and to plan and organize efficiently and effectively with regard to patient management and useof time.

To decide priorities for own work area, balancing other patient related and professional demands, andensure that these remain in accordance with those of the section.

To be responsible for ensuring the effective selection and use of all treatment resources available both in the department and on the wards.

To be responsible for equipment used in carrying out physiotherapy duties, and to adhere to departmentalpolicy, including competence to use equipment and to ensure the safe use of equipment by others through training, teaching and supervision of practice.

To maintain accurate, comprehensive, and up-to-date documentation, in line with legal and departmental requirements, and communicate assessment and treatment results to the appropriate disciplines in the form of reports and letters.

To be actively involved in the collecting of appropriate data and statistics for the use of the Department.

To be aware of Health and Safety aspects of your work and implement any policies, which may be required to improve the safety of your work area, including the prompt recording and reporting ofaccidents to the Therapy Manager.

To comply with the department and organisational policies and procedures and be involved in thereviewing and updating as appropriate. To attend mandatory training annually.

Develop and improve information sheets and booklets for patients, in line with trust policy.

Advise and develop the service with appropriate timing of the sessions, staffing, expertise, and resourcesin terms of space, equipment etc.

To undertake any other duties that may be considered appropriate by the Therapy Manager.

### **KEY WORKING RELATIONSHIPS**

You will work in an integrated team consisting of Occupational Therapists, Physiotherapists and Clinical Specialist High Care team. You will be expected to work closely with Consultant, Doctors, other AHPs and Nurses within your designated clinical area

### **ABOUT THE TRUST**

Blackpool Teaching Hospitals NHS Foundation Trust is situated on the west coast of Lancashire and offers a full range of district hospital services and community health services to a population of 1.6 million in Lancashire and South Cumbria.

The Trust provides services to the 440,000 residents of Blackpool, Fylde & Wyre and North Lancashire, as well as specialist tertiary care for Cardiac and Haematology services across the wider region.

We employ more than 6,500 staff, with a turnover in excess of £370m in 2014/2015 and have approximately 900 beds.

#### Our main activities are:

- Cardiovascular care at our Cardiac centre.
- Accident and Emergency at Blackpool Teaching Hospital.
- Community Midwifery and Women and Children's Services.
- Clinical research with an 80-strong team of nurses and doctors.
- Community nursing and school nursing.
- Recovery and rehabilitation for a variety of conditions including brain injury, stroke andelderly care.
- Sexual health and family planning services.
- Wellbeing and lifestyle including mental health services, heart health campaigns, andsmoking cessation services.
- End of life and palliative care.

The Trust houses a state-of-the-art Simulation & Skills Facility that provides training for all grades of staff to improve the safety and quality of the service that we offer our patient. We run a portfolio of in-house courses that can be accessed by all staff to enhance their professional development needs.

#### **CONFIDENTIALITY**

In the course of your duties, you may have access to confidential information about patients, staff, or health service business. On no account must such information be divulged to anyone who is not authorised to receive it. Confidentiality of information must be always preserved whether at or away from work. The Trust has in place a 'Whistle blowers Policy' for staff wishingto express concerns.

#### **INFECTION PREVENTION AND CONTROL**

Infection prevention and control is the responsibility of all Trust staff. All duties relating to the post must be carried out in accordance with the Trust hand hygiene and infection control policies and procedures.

### **QUALITY ASSURANCE**

Every employee is personally responsible for the quality of the work, which they individually perform. It is their duty to seek to attain the highest standards achievable both individually and collectively within their knowledge, skills, and resources available to them in furtherance of the Trust's philosophy of pursuing quality in all its services.

#### **HARASSMENT AND BULLYING**

The Trust condemns all forms of harassment and bullying and is actively seeking to promote a workplace where employees are treated with dignity, respect and without bias.

## **EQUAL OPPOTUNITIES**

The Trust actively promotes equality of opportunity for all its employees.

(In all the foregoing textany reference to one gender whether direct or implied equally includes the opposite gender unless specifically stated to be otherwise)

