

SPECIALTY DOCTOR IN OLDER ADULT MEDICINE

INFORMATION FOR CANDIDATES



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ABOUT THE TRUST

The Shrewsbury and Telford Hospital NHS Trust (SaTH) is the main provider of acute hospital services for around half a million people in Shropshire, Telford & Wrekin and mid Wales.

Encompassing some of the most picturesque parts of England and Wales, the Trust's catchment stretches from the Cambrian Mountains in the west, to Newport and the fringes of the Black Country in the east. The main towns include: Bridgnorth, Ludlow, Market Drayton, Oswestry, Shrewsbury and Whitchurch (in Shropshire); Newport, Telford and Wellington (in Telford & Wrekin); and Newtown and Welshpool (in Powys) – all beautiful and unique.

Our main service locations are the Princess Royal Hospital (PRH) in Telford and the Royal Shrewsbury Hospital (RSH) in Shrewsbury which are located 20 minutes' drive apart. Together they provide 99% of our activity. Both hospitals provide a wide range \mathbf{d} acute hospital services including accident & emergency, outpatients, diagnostics, inpatient medical care and critical care.

We also provide services such as consultant-led outreach clinics at the Wrekin Community Clinic, Telford, the Robert Jones and Agnes Hunt Orthopaedic Hospital, Gobowen and the Bridgnorth, Ludlow and Whitchurch Community Hospitals.

We employ almost 6,000 staff, and hundreds of staff and students from other organisations also work in our hospitals. We benefit from around 1,000 wonderful volunteers, and our main charitable partners are the League of Friends at the Royal Shrewsbury Hospital, Friends of the Princess Royal Hospital, and the Lingen DaviesCancer Appeal which is based at the Royal Shrewsbury Hospital.

We are committed to providing the best possible diagnostic facilities and high-quality clinical care in a clean, supportive environment where patients are treated effectively with respect and dignity.

The Shrewsbury and Telford Hospital NHS Trust continues to work with our partners in health and social care in Shropshire, Telford and Wrekin and mid Wales to develop patient-focused services that meet the needs of our communities.

Plans have been given the go ahead to transform local hospital services for the half a million residents of Shropshire, Telford & Wrekin and mid Wales to make sure two vibrant hospitals and the wide range of services they provide for people locally are kept in the county. This landmark decision will result in better care for patients, secure the £312m on offer from HM Treasury and develop both hospital sites to deliver state of the art facilities in which staff will be proud to work and patients will choose to be treated.



MAIN DUTIES & RESPONSIBILITIES

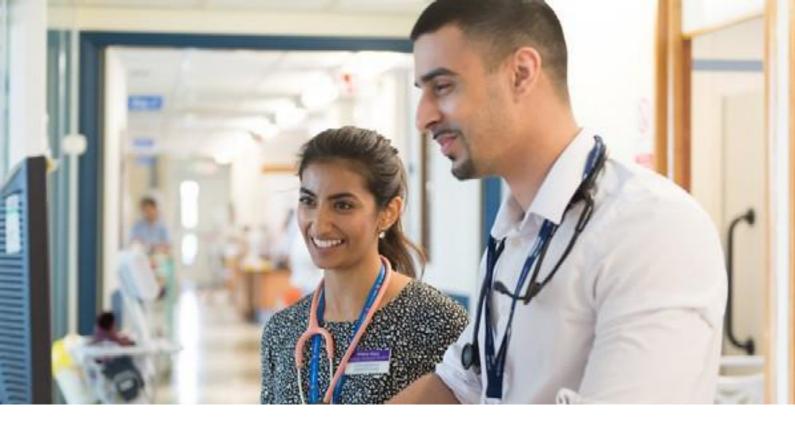
Clinical

- Expand and Develop Elderly Care.
- Support Acute Frailty Services.
- Develop the Virtual Ward with Community Partners.
- To develop enhanced clinical skills, especially in the assessment and management of acutely ill
 patients.
- To have excellent team-working skills with the abilities and professional attitude to work well in a multi-professional team.
- To deliver clinical and quality targets agreed both nationally and locally with clinical teams and commissioners.
- To follow patients throughout their clinical pathways.

Organisational

- To work with local managers and professional colleagues in the employing Trust in the efficient running of the service.
- To be subject to the provisions of the Terms and Conditions of Service, be required to observe the Trust's agreed policies and procedures, drawn up in consultation with the profession on clinical matters and to follow the local and national employment and personnel policies and procedures.
- To participate in the Continuous Professional Development and the Trust's appraisal scheme.
- To be aware of the responsibility of all employees to maintain a safe and healthy environment for
 patients, visitors and staff and attend all relevant health and safety training.
- Ensure that all Trust-wide standards are maintained to improve the quality of total care to all who come into contact with services provided by Shrewsbury and Telford hospital NHS Trust.

This job description is not intended to be exhaustive. The post holder will be expected to carry out any reasonable duties requested of them, appropriate to the grade and role of the post. Duties and responsibilities may vary from time to time in light of changing circumstances and in consultation with the post holder.



JOB DESCRIPTION

Job Title: Specialty Doctor in Older Adult Medicine

Grade: Specialty Doctor

Division: Medicine and Emergency Care

Responsible to: Divisional Medical Director

Professionally Medical Director

Accountable to:

Hours: 10 Programmed Activities

Duration: Permanent

Salary: £50,373 - £78,759 per annum [MC75]

Job Summary

The Shrewsbury and Telford NHS Trust has an exciting opportunity to welcome a new Specialty Doctor into the Older Adult Medicine Department. This is a new post aimed at expanding the Department of Older Adult Medicine and developing Acute Frailty Services. This post attracts 10 Programmed Activities and would be the perfect opportunity to progress your career within this well-established team.

THE POST

The Department

The Older Adult Medicine team is a multi-disciplinary team of committed clinicians, specialist nurses and allied health professionals who work collaboratively to deliver high-quality care to our patients on both sites. The current workforce consists of Consultants, Associate Specialists, Specialists and Allied Health Professionals.

Expand and Develop Older Adult Medicine

Older Adult Medicine has 2 ward bases: 20 beds at Shrewsbury (Ward 28) and at Telford there is a 38 bedded Unit split between 2 consultants (Ward 10). The post-holders will be primarily based at the Telford site, to work with the existing consultant team delivering high quality care to older inpatients, however the expectation to cross cover at Shrewsbury to help deliver the service will be required if needed. The post holders will also look after medical outliers on Ward 4 (6 per day) and see ward referrals from other specialities (average 1-2 per day).

There are close links to primary care and support from the discharge liaison teams to expediate patient discharge home or to other community facilities. There is an in-house mental health team (based on the RAID model) who support the units in caring for patients with delirium and dementia. The department is supported by junior doctors including Specialist Registrars, Internal Medicine Trainees, Foundation Doctors as well as Physicians Associates and ACP trainees. The post-holders will be expected to take on clinical supervision of a trainee once they are established in post.

The successful candidate will have a weekly clinic in the speciality of your choice, but ideally in an area that requires support and development. The clinic depends on the ratio of new patients to follow ups. On average a new patient review is a 30 minute time slot, with 15 minutes for each follow up in a session with time to dictate correspondence (average number of patients seen is 6).

Support Acute Frailty Services

There is a large ageing population in Shropshire and Telford and Wrekin which attend both acute hospital sites. The Trust and CCG are working together to address patients' needs and develop a responsive service for older frail patients. The post-holder will be expected to be part of current services which deliver Comprehensive Geriatric Assessment in the Emergency Department and Acute Medical Unit. They will be expected to work closely with the teams in the ED and AMU to improve care for frail older patients. The post-holder will work with a team of therapists, ACPs, and the current training doctors in Elderly Care. They will be supported by therapies to deliver rapid assessment, treatment and as much as possible discharge to community services.

Developing the Virtual Ward

The Acute trust is working local partners to develop a virtual ward base in patient's homes and care homes. Currently the Acute Frailty team has close links with community services and this will now be a formalised link for the consultant body to provide regular multidisciplinary meetings for selected patient groups.

The Departments Medical Staff

Dr Suzy Thompson Clinical Director, Specialist interest in Movement Disorders
Dr Shu Ho Lead for Orthogeriatric service, Specialist interest in falls

Dr Oja Pathak Lead for Acute Frailty

Dr Elizbeth King Specialist interest in dementia and delirium

Dr Elizabeth Holmes Specialist Interest in Falls and Frailty

Dr Leon Campbell (start date January 2023) Consultant Physician and Geriatrician

Dr Nigel Mike Specialist interest in GIM and Nutrition

Associate Specialists/Specialists

Dr Erica Capps Supports Elderly Care services at PRH and has expertise in Movement Disorders

Dr Sai Kumar Works in orthogeriatric liaison at RSH

Allied Health Professionals

The department is supported by 4 Advanced Clinical Practitioners, One Physicians Associate and one Frailty Pharmacist. Specialist Nurses in Parkinson's Disease, Dementia and Fracture Liaison work closely with the department on both sites.

Job Plan

A formal job plan will be agreed between the successful candidate and their Clinical Director and consultant colleagues, on behalf of the Medical Director within 3 months of starting in post. A full-time job plan is based on a 10 PA working week. The job plan will be reviewed annually and is a prospective agreement that sets out the Specialty Doctor's duties, responsibilities, and objectives for the coming year. It covers all aspects of a Specialty Doctor's professional practice including clinical work, teaching, research, education and managerial responsibilities. It will provide a clear schedule of commitments, both internal and external and will include personal objectives, detailing links to wider service improvements and trust strategic priorities.

For a full-time contract, the job plan will be divided on average per week (pro-rata for a part time post) as:

- 8.5 Programmed Activities (PAs) of Direct Clinical Care includes clinical activity, clinically related activity and predictable and unpredictable emergency work.
- 1.5 Supporting Professional Activities (SPAs) includes CPD, audit, teaching and research.

The allocation of PAs is reviewed and may be subject to adjustment when a further diary exercise is undertaken or if the service demands a review of the team job plan.

Any applicant who is unable, for personal reasons, to work full-time will be eligible to be considered for the post. If such a person is appointed, modification of the job content will be discussed on a personal basis with the Trust in consultation with other consultant colleagues.

Timetable

The following provides scheduling details of the clinical activity and clinically related activity components of the appointee's standard working week.

	AM	PM
Monday	OPD Clinic (1 DCC)	Ward round surgery and ward referrals (1 DCC)
Tuesday	Ward round COOA (1 DCC)	Clinical administration (1 DCC)
Wednesday	Ward Round COOA (1 DCC)	SPA (1 SPA)
Thursday	Ward referrals/surgical liaison (1 DCC)	Support juniors on COOA wards
Friday	Ward round COOA (1 DCC)	Surgical reviews/referrals & SPA (0.5 DCC and 0.5 SPA)
Saturday	N/A	N/A

Sunday	N/A	N/A
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This timetable is indicative only and the formal job plan will be agreed between the successful applicant and their clinical director within 3 months of starting in post.

Post Graduate Educational Activities

Postgraduate activities are based in the Education Centre at the Princess Royal Hospital, which has a medical library, a lecture theatre and a number of seminar rooms. The Shropshire Education Conference Centre (SECC) at The Royal Shrewsbury Hospital has extensive committee rooms and a large lecture theatre, as well as a restaurant. There is also a library based in the Undergraduate Building/Staffordshire School of Nursing at Shrewsbury which has 24-hour access and is available to hospital staff. Regular clinical presentations and clinical audit meetings are held at both sites, also available on Microsoft Teams. You will be supported and expected to complete the Continuing Professional Development Portfolio required by the Royal College of Physicians, UK.

Undergraduate Education

The Trust is a Keele University Teaching Hospital accommodating 50% of medical students in Clinical Years 4 and 5. There are Year 5 students attached to the Elderly Care ward teams at both PRH and RSH. There are opportunities for the post holder to be involved in teaching informally on the wards but also formally as a tutor, employed by the Medical School, delivering specialist areas of the Undergraduate Curriculum.

Office and Secretarial Support

You will have access to an open plan office for a hot desk including a laptop. You will be supported by the existing departmental administrative and secretarial staff.

Annual Leave

Doctors upon first appointment to the Specialty Doctor grade shall be entitled to annual leave at the rate of 27 days a year.

Doctors who have completed a minimum of two years' service in the Specialty Doctor grade and/or in equivalent grades or who had an entitlement to 32 days of annual leave a year or more in their immediately previous appointments shall be entitled to annual leave at the rate of 32 days per year.

Doctors who have completed a minimum of seven years' service in the Specialty Doctor grade and/or equivalent grades shall receive an additional day of annual leave and shall be entitled to annual leave at the rate of 33 days per year.

Study and Professional Leave

Study leave includes but is not restricted to participation in:

- Study, usually but not exclusively or necessarily on a course or programme
- Research
- Teaching
- Examining or taking examinations
- Visiting clinics and attending professional conferences
- Training

The appointee will be entitled to 30 days of Study Leave across a 3 year fixed period.

Research

It is usual for the Trust to be participating in many research projects at any time. Every effort would be made to accommodate a particular research interest you may have, particularly if trainee members of the Department could be incorporated in the methodological and practical stages.

Audit

Great importance is placed upon audit within the Shrewsbury and Telford Hospital NHS Trust and you will be expected to contribute to this as part of your role; the Trust has a fully staffedAudit Department at both Hospitals with extremely well-organised teams.

Appraisal, Revalidation and Mentorship

- The Trust has the required arrangements in place, to ensure that all Doctors have an annual
 appraisal with a trained appraiser and supports all Doctors going through the revalidation
 process.
- A formal review of the job plan will be performed at least annually. Appropriate educational and training needs will be supported by the Trust in, as agreed withthe LNC (for example, the approval and funding of study leave). An annual job plan review at individual and departmental level is being introduced. You will be expected to participate in this exercise.
- We will require you to register SaTH as your designated body via the GMC to ensure that you are set up on the Equiniti revalidation system; we will complete this as soon as possible upon your commencement with the Trust.
- The Trust also supports the requirements for continuing professional development and is committed to providing time and financial support for these activities.

Accommodation

The Trust offers single residential accommodation for medical staff depending on availability. The Trust only provides single accommodation so private rental would need to be arranged forfamily accommodation.

Other Facilities

There is an active Doctors Mess run by the Junior Doctors Mess Committee which organisesocial events, parties, outings etc. There are on-site fitness centres (a membership fee is payable) available to all members of staff.

Staff Benefits

There are a number of staff benefits schemes which attract tax reductions if joined. This includes a discount on the staff car parking charge, staff gym membership, on-site crèche/childcare provision and access to NHS Discounts schemes.

Health & Safety

As an employee of the Trust you have a responsibility to:

- take reasonable care of your own Health and Safety and that of any other personwho may be affected by your acts or omissions at work; and ensuring a COVID secure workplace for the team.
- co-operate with the Trust in ensuring that statutory regulations, codes of practice, local policies and departmental health and safety rules are adhered to; and
- not intentionally or recklessly interfere with or misuse anything provided in theinterests of health and safety.

Infection Prevention and Control

The prevention and management of acquired infection is a key priority for the Trust. Any breachof infection control policies is a serious matter which may result in disciplinary action. As an employee of the Trust you have a responsibility to:

- ensure that your work methods are compliant with the Trust's agreed policies and procedures and do not endanger other people or yourself; and
- be aware of infection prevention and control policies, practices and guidelines appropriate for your duties and you must follow these at all times to maintain a safeenvironment for patients, visitors and staff; and

- maintain an up to date knowledge of infection prevention and control, policies, practices and procedures through attendance at annual mandatory updates andongoing continuing professional development; and
- challenge poor infection prevention and control practices of others and to reportany breaches, using appropriate Trust mechanisms (e.g. incident reporting policy).

Information Governance

The Trust is committed to compliance with Information Governance standards to ensure that allinformation is handled legally, securely, efficiently and effectively. You are required to comply with the Trust's Information Governance policies and standards. Failure to do so may result in action being taken in accordance with the Trust's Disciplinary Procedure.

- Confidentiality and Security Your attention is drawn to the confidential nature of information collected within the NHS. Whilst you are employed by the Trust you will come into contact with confidential information and data relating to the work of the Trust, its patients or employees. You are bound by your conditions of service to respect the confidentiality of any information you may come into contact with which identifies patients, employees or other Trust personnel, or business information of the Trust. You also have a duty to ensure that all confidential information is held securely at all times, both on and off site.
- Disclosure of Information The unauthorised use or disclosure of information relating to the
 Trust's activities or affairs, the treatment of patients or the personal details of an employee, will
 normally be considered a serious disciplinary offence which could result in dismissal. Upon
 leaving the Trust's employment and at any time thereafter you must not take advantage of or
 disclose confidential information that you learnt in the course of your employment.
 Unauthorised disclosure of any of this information may be deemed as a criminal offence. If you
 are found to have permitted the unauthorised disclosure of any such information, you and the
 Trust may face legal action.
- Information Quality and Records Management You must ensure that all information handled by you is accurate and kept up-to-date and you must comply with the Trust's recording, monitoring, validation and improvement schemes and processes.

Professional Standards and Performance Review

As an employee of the Trust you have a responsibility to:

- participate in statutory and mandatory training as appropriate for the post; and
- maintain consistently high personal and professional standards and act in accordance with the relevant professional code of conduct; and
- take responsibility for the maintenance and improvement of personal and professional competence and to encourage that of colleagues and subordinates; and
- participate in the Trust's appraisal processes including identifying performance standards for the post, personal objective setting and the creation of a personal development plan in line with the NHS Knowledge and Skills Framework outline for the post.

Safeguarding Children and Vulnerable Adults

We all have a personal and a professional responsibility within the Trust to identify and reportabuse. This may be known, suspected, witnessed or have raised concerns. Early recognition is vital to ensuring the patient is safeguarded; other people (children and vulnerable adults) may be at risk. The Trust's procedures must be implemented, working in partnership with the

relevant authorities. The Sharing of Information no matter how small is of prime importance insafeguarding children, young people and vulnerable adults.

As an employee of the Trust you have a responsibility to ensure that:

- you are familiar with and adhere to the Trust's Safeguarding Children procedures and guidelines.
- you attend safeguarding awareness training and undertake any additional training in relation to safeguarding relevant to your role.

Social Responsibility

The Trust is committed to behaving responsibly in the way we manage transport, procurement, our facilities, employment, skills and our engagement with the local community so that we canmake a positive contribution to society. As an employee of the Trust you have a responsibility to take measures to support our contribution and to reduce the environmental impact of our activities relating to energy and water usage, transport and waste



PERSON SPECIFICATION

The following pages contain a description of the qualifications, skills, experience, knowledge and other attributes a candidate should ideallypossess to successfully perform this role.

QUALIFICATIONS

CRITERIA	ESSENTIAL	DESIRABLE
MBBS, MBChB or equivalentWorking towards CESR	✓	✓

ENTRY CRITERIA

CRITERIA	ESSENTIAL	DESIRABLE
 Full Registration and a licence to practise with the General Medical Council (GMC) 	√	
 Shall have completed at least four years' full-time postgraduate training (or its equivalent gained on a part-time or flexible basis) at least two of which will be in a specialty training programme in Older Adult Medicine or as a fixed term specialty trainee in Older Adult Medicine or shall have equivalent experience and competencies 	√	
Able to carry out Venepuncture, arterial blood gas sampling	√	

GENERIC CAPABILITIES FRAMEWORK

PROFESSIONAL VALUES & BEHAVIOURS

CRITERIA	ESSENTIAL	DESIRABLE
 Practises with the professional values and behaviours expected of all doctors as set out in GMC Good Medical Practice and the Generic Professional Capabilities Framework (or equivalent for dentists). 	✓	
 Demonstrates the underpinning subject-specific competences i.e., knowledge, skills and behaviours relevant to the role setting and scope. 	√	
 Clinically evaluates and manages a patient, formulating a prioritised differential diagnosis, initiating an appropriate management plan, and reviewing and adjusting this depending on the outcomes of treatment. 	√	
Critically reflects on own competence, understands own	✓	

limits, and seeks help when required.		
 Communicates effectively and able to share decision-making with patients, relatives and carers; treats patients as individuals, promoting a person-centred approach to their care, including self-management. 	✓	
 Respects patients' dignity, ensures confidentiality and appropriate communication where potentially difficult or where barriers exist, e.g., using interpreters and making adjustments for patients with communication difficulties. 	√	
 Demonstrates key generic clinical skills around the areas of consent; ensuring humane interventions, prescribing medicines safely and using medical devices safely. 	√	
 Adheres to professional requirements, participating in annual appraisal and reviews of performance and progression. 	✓	
 Awareness of legal responsibilities relevant to the role, such as around mental capacity and deprivation of liberty; data protection; equality and diversity. 	✓	
 Applies basic principles of public health; including population health, promoting health and wellbeing, work, nutrition, exercise, vaccination and illness prevention, as relevant to their specialty. 	√	

LEADERSHIP & TEAM WORKING

CRITERIA	ESSENTIAL	DESIRABLE
 Awareness of their leadership responsibilities as a clinician and demonstrates appropriate leadership behaviour; managing situations that are unfamiliar, complex, or unpredictable and seeking to build collaboration with, and confidence in, others. 	√	
 Demonstrates understanding of a range of leadership principles, approaches and techniques so can adapt leadership behaviours to improve engagement and outcomes appreciates own leadership style and its impact on others. 	√	
 Develops effective relationships across teams and contributes to work and success of these teams – promotes and participates in both multidisciplinary and interprofessional team working. 	✓	
 Critically reflects on decision-making processes and explains those decisions to others in an honest and transparent way. 	✓	
 Demonstrates ability to challenge others, escalating concerns when necessary. 	✓	
 Develops practice in response to changing population health need, engaging in horizon scanning for future developments. 	✓	

PATIENT SAFETY & QUALITY IMPROVEMENT

CRITERIA	ESSENTIAL	DESIRABLE
 Takes prompt action where there is an issue with the safety or quality of patient care, raises and escalates concerns, through clinical governance systems, where necessary. Demonstrates understanding of the basic principles of audit, clinical risk management, evidence-based practice, patient safety and clinical quality improvement initiatives 	✓	
 Applies basic human factors principles and practice at individual, team, organisation, and system levels. 	√	
 Collaborates with multidisciplinary and interprofessional teams to manage risk and issues across organisations and settings, with respect for and recognition of the roles of other health professionals. 	√	
 Advocates for, and contributes to, organisational learning. 	✓	
 Reflects on personal behaviour and practice, responding to learning opportunities. 	✓	

SAFEGUARDING VULNERABLE GROUPS

CRITERIA	ESSENTIAL	DESIRABLE
 Recognises and takes responsibility for safeguarding children, young people, and adults, using appropriate systems for identifying, sharing information, recording and raising concerns, obtaining advice and taking action. Applies appropriate equality and diversity legislation, including disability discrimination requirements, in the context of patient care. 	✓	

EDUCATION & TRAINING

ESSENTIAL DESIRABLE

 Critically assesses own learning needs and ensures a personal development plan reflects both clinical practice and relevant generic capabilities. 	✓	
 Promotes and participates in individual and team learning; supporting the educational needs of individuals and teams for uni-professional, multidisciplinary and interprofessional learning. 	√	
 Identifies and creates safe and supportive working and learning environments. 	√	
Takes part in patient education.	✓	

RESEARCH & SCHOLARSHIP

CRITERIA	ESSENTIAL	DESIRABLE
 Keeps up to date with current research and best practice in the individual's specific area of practice, through appropriate continuing professional development activities and their own independent study and reflection. 	√	
 Critically appraises and understands the relevance of the literature, conducting literature searches and reviews; disseminates best practice including from quality improvement projects. 	✓	
 Communicates and interprets research evidence in a meaningful way for patients to support shared decision- making. 	✓	
 Works towards identifying the need for further research to strengthen the evidence base or where there are gaps in knowledge, networking with teams within and outside the organisation 	✓	
 Locates and uses clinical guidelines appropriately. 	✓	

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OUR VISION AND VALUES

The Shrewsbury and Telford Hospital NHS Trust is an organisation that strives to provide high quality, safe care for our patients in an environment which our staff are proud to work in

Our Vision:

"To provide excellent care for the communities we serve"

Our Values:



OUR VISION

We believe that by adhering to our Vision and working with our Values in mind we can behave in a way which will ensure the right results for the people that matter most – our patients and their families.

OUR VALUES

Our Trust Values provide a guide for our daily lives which we are all expected to uphold, both at work and when we are representing the Trust.

Our Values were developed by staff and our patients, so they represent what is important to us within theorganisation and the way we should all behave towards patients, carers, visitors, partners and each other.

You will see our Values throughout the Trust; they are not just words on a page, they represent what we are about here at SaTH. We want patients and their families to say that the care and service they receive from all of us is consistently high-quality, safe, effective and personalised, so the feelings behind the Valuesshouldn't come as a surprise to anyone working in the NHS.

The reason why it is important that they are clearly written down is so we all know what's expected, and none of us are surprised if we are asked to explain any unacceptable behaviour. Ultimately, if we follow ourValues, we will provide services that are better for our patients and better for each other.







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Getting to Princess Royal Hospital

Getting to Royal Shrewsbury Hospital

sath.nhs.uk