

## PERSON SPECIFICATION

### Community Mental Health Nurse – Band 6

Requirements	Essential	Desirable
Qualifications	<p>RMN or Dip/Bsc (Hons) in Mental Health Nursing</p> <p>ENB 998/Preceptorship and Mentorship</p>	<p>ENB 812/Bsc in Specialist Community Nursing Practice (Mental Health).</p> <p>Psychosocial interventions</p>
Experience and Attainments	<p>Experience of working in a range of settings relevant to the post</p> <p>At least 2 years of post registration experience with at least one year at Band 5.</p> <p>Experience of working in acute mental health inpatient/day care services</p> <p>Experience of working in situations of crisis and emotionally demanding environments.</p> <p>Experience and knowledge of safeguarding process</p> <p>Experience of teaching and training</p> <p>Experience and knowledge of working in a multi-ethnic community</p> <p>Experience of delivering evidence based care</p>	<p>Experience of working with acute mental health problems in a community setting.</p>
Knowledge	Up to date knowledge of relevant legislation, ethical issues, strategic frameworks and current guidelines	Knowledge of parenting literature and its application.

	<p>regarding the range of presenting problems in adult mental health, their implications for both practices and clinical management</p> <p>Professional Code of Conduct</p> <p>Evidence of continuing professional development</p> <p>Clinical risk assessment and management in a community setting.</p>	<p>Ability to teach and train others using multi-media materials suitable for presentation.</p> <p>Knowledge of current developments in research with service user group</p>
Skills and Aptitudes	<p>Skills to use and give supervision effectively</p> <p>Skills in the use of complex methods of assessment and treatment of individual, couples, and families requiring sustained and intense concentration.</p> <p>Skills in applying theory to practice and ability to use a range of models in formulating community care plans.</p> <p>Ability to communicate effectively within a multi-professional team.</p> <p>Ability to work with diverse communities in a wide variety of contexts.</p> <p>Ability to provide and receive complex, sensitive or contentious information where persuasive, empathic and reassuring skills are required</p> <p>Ability to deal sensitively with stressful situation including; staff and organisational problems; safeguarding; family breakdown; serious mental ill health and risk of self-harm.</p> <p>Ability to cope with verbal abuse and to recognise and diffuse potential physical abuse from service users.</p>	Substantial IT skills

	<p>Ability to apply practice governance as appropriate to maintain ethical and effective clinical practice in the face of regular exposure to highly emotive material and challenging behaviour.</p> <p>Assessing and monitoring physical health care</p>	
Communication and People Skills	<p>Able to communicate effectively, orally and in writing at an age-appropriate level – complex, technical, and/or clinically sensitive information to service users, their families, carers and professionals within and outside the NHS</p> <p>Ability to work flexibly across service boundaries.</p> <p>Ability to contain and work with organisational stress and ability to hold the stress of others.</p> <p>Respectful approach to service users, families, carers, colleagues and other professionals</p>	
Organisational skills	<p>Ability to maintain high standards of record keeping, including data entry and recording.</p> <p>Ability to work autonomously, setting appropriate goals in accordance with professional, ethical guidelines and Trust policies.</p>	
Other	<p>Disclosure and Barring approval (formally CRB check)</p> <p>Confident to work autonomously in the community and use own initiative to make decisions in complex situations.</p> <p>Able to travel independently across the Trust</p>	