

<b>Job Title:</b>	Senior Clinical/Counselling Psychologist/High intensity Psychological Therapist – 12-month Fixed Term Post
<b>Job Grade:</b>	8a
<b>Department:</b>	Medical Psychology Department
<b>Directorate:</b>	In Hospital Care
<b>DBS Disclosure Level:</b>	Enhanced

### **Job description**

This post predominately involves direct clinical work with individuals accessing the post-covid/respiratory services across both North Tees and Hartlepool Hospital sites alongside supporting the staff and families of infants accessing neonatal services, based at University Hospital of North Tees.

Patient assessments and interventions are primarily delivered face-to-face. Alongside direct clinical work, the role involves offering weekly supervision to the Higher Assistant Psychologist in the post-covid service, with the supervision, support and guidance of the Psychology Service Lead alongside that of other psychology colleagues. The post-holder would also support the Head of Department and other senior staff in their work where needed, e.g. with audits, annual report preparations, compiling data and presenting audit/research results. The post-holder would be expected to hold a keen interest and high levels of empathy in supporting individuals living with chronic health conditions and an aptitude to work in Clinical Health Psychology.

The post holder would need to demonstrate post-graduate training to doctoral level (or equivalent, prior to 1996) in Clinical/Counselling Psychology, as accredited by the BPS and with HCPC-registration as a Practitioner Psychologist. Alternatively, they may have postgraduate training in Cognitive Behavioural Therapy with BABCP registration as a CBT Therapist (or equivalent). Furthermore, it is expected that they will have evidence of continuing professional development alongside training in offering clinical supervision, or would be prepared to undertake this within an agreed timescale. Post-graduate qualification and evidence of supervised practice in an evidence-based psychological therapeutic model (e.g. IPT, CBT, EMDR) is desirable. Furthermore, the post-holder must demonstrate their experience and skill in multidisciplinary team working, with a robust knowledge of risk assessment and risk management. It is also expected that they will have working knowledge of audit and research methodology. Experience in CBT, Compassion Focused Therapy, Solution Focused Therapy and/or Motivational Interviewing is desirable. Experience of delivering staff teaching and training, and/or supervision of healthcare staff, would also be looked upon favourably.

The successful candidate would be able to demonstrate their ability to communicate complex and highly sensitive information effectively to a wide range of people. They would also be able to adapt clinical assessments and interventions for complex presentations, based on specialised knowledge of psychological therapies. Existing knowledge of post-covid and neonatal services is desirable, as is prior experience of working within Health Psychology. When considering the personal attributes of the post-holder, they must be able

to engage with vulnerable people and work effectively in distressing circumstances. They must also hold a respect for joint-working with experienced professionals in a multidisciplinary setting and have an awareness of its advantages and challenges.

Furthermore, the successful candidate would be able to work flexibly and co-operatively as part of a multidisciplinary team; use their own initiative to make decisions independently where appropriate; and be committed to professional and personal development with an ability to respond positively to feedback from supervision. Ideally, the post-holder would also hold knowledge of the wider community in which the services are located, and consideration of the impact this may have on clinical presentations and social/emotional concerns.