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Job Description

Job Details:

Job Title: Senior Mental Health Practitioner

Band: Band 6

Location: NNUH

Department: Complex Health Hub

Professionally Accountable to: Mental Health Deputy Service Manager

Managerially Accountable to: Mental Health Clinical Nurse Specialist

Job Purpose:

To lead the delivery of integrated care planning for patients who are considered to have a mental health need and/or complex health needs and to work alongside the multidisciplinary team in the implementation and review.

To develop robust risk assessments and treatment plans for patients identified with a mental health need or patients with complex risky behaviours. These plans will be shared via the multidisciplinary team and regularly reviewed.

To provide expert advice, guidance and support to staff (in areas as specified) in how to support the management of risky patients using least restrictive practices.

To work as a registered mental health nurse who is further trained in providing enhanced physical health care to patients identified on complex health pathways.

To support the delivery of a high quality, safe and compassionate healthcare service, all staff are expected to act as a role model to others in all aspects of their work and consistently demonstrate NNUH's 'PRIDE' values of People focused, Respect, Integrity, Dedication and Excellence and demonstrate behaviours that support and encourage an inclusive culture.

Overview of Essential Responsibilities:

Clinical

- 1. Ensure practice is in accordance with the NMC Code of Professional Conduct and work within limits of competence.
- 2. Assist the Ward/Department manager in maintaining standards of nursing practice.
- 3. To lead in the implementation of robust risk assessments and care plans for patients who are identified with complex needs and/or mental health diagnosis.





- 4. Carry out assessment, planning, delivery and evaluating of nursing care specifically in relation to managing patients with complex needs.
- 5. To support the clinical team in reviewing levels of enhanced observations for patients who display risky and/or vulnerable behaviours.
- 6. To ensure the patient administration systems e.g. PAS are up-dated to ensure real time data collection and confidentiality.
- 7. To ensure the effective use of information technology for the benefit of patient care in accordance with the Trust's Cyber Code of Conduct.
- 8. To ensure the confidentiality of information (written, verbal, electronic) is maintained, whilst being aware of the Freedom for Information Act.
- 9. To co-ordinate and monitor the progress of patients identified with complex health needs within their plan of care and to promptly and effectively communicate relevant changes in patient status to the multi-disciplinary team.
- 10. Effectively communicate complex, sensitive or contentious information to the multi-disciplinary team gaining their co-operation.
- 11. Communicate effectively with patients, relatives, carers, significant others, the multi-disciplinary team and support services.
- 12. Communicate with patients, clients and relatives on emotional and sensitive issues and support other members of the ward/department in this.
- 13. To ensure the safe custody, supply and administration of drugs and therapeutic substances in accordance with Trust policy.
- 14. To plan, develop and implement approaches to promote health and wellbeing and act as a role model for other staff.
- To ensure that clinical records and documentation are maintained accurately.
- 16. To minimise hazards in the working area and report any identifiable hazards to the line manager. To adhere to all safe systems of work applicable to the work area.
- 17. To ensure that Trust policies and procedures are adhered to by all staff.
- 18. To be competent in taking the lead role during emergency situations and providing support to other members of the team.
- 19. Assist in the facilitation of a system of clinical supervision and reflective practice.

Management and Leadership

1. To ensure that all staff adhere to Trust policies and the principles of their



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professional body.

- 2. Where directed by line manager to manage complaints in accordance with the Trust's Complaints Procedure.
- 3. To assist in the development of patient information liasing with PALS as necessary.
- 4. Use leadership skills to create an environment that is safe and supportive to ensure effective teamwork and a motivated, efficient workforce.
- 5. Act as an ambassador for the Trust in professional and public settings.
- 6. To ensure clinical incidents and near misses are accurately reported and acted upon in a timely manner and action is taken to minimise risks.
- 7. To attend and participate in meetings as required as directed by line manager.
- 8. To ensure effective communication with all staff, irrespective of working pattern, and encourage staff involvement in decision making and changes affecting them.

Service Development

- 1. In conjunction with the Ward/Department Sister/Charge Nurse contribute to the evaluation of care delivery and implement improvements in patient care.
- 2. To actively involve staff in the innovation of service delivery.
- 3. To contribute to the development and implementation of local policies.
- 4. Contribute to the development of nursing practice based on published research and audit data
- 5. Assist the Ward/Department Sister/Charge Nurse in developing a department/ ward philosophy of care and contribute to the continuous development of the clinical area.

Research & Audit

- 1. To actively participate in multi-disciplinary audit activity within the clinical area.
- 2. To share audit results where necessary with other service providers for the purpose of review and service improvement.
- 3. To communicate research developments to all colleagues ensuring the findings are incorporated into clinical practice where appropriate.
- 4. To assist in the implementation of benchmarking activity in the clinical area.





Educational Responsibilities

- 1. To assist the Ward/Department Sister/Charge Nurse in arranging induction programmes for new staff.
- 2. To be able to transfer knowledge, understanding and expertise to other staff.
- 3. To promote and maintain an effective learning environment for staff and students.
- 4. Teach and assess registered and non-registered staff within the principles of mental health care and treatment.

Professional Development

- 1. Maintain Continuous Professional Development in line with Trust Policy and professional bodies.
- 2. Ensure own practice is up to date and evidence based. Demonstrate knowledge of current, relevant research and professional issues.
- 3. To undertake further post registration training and courses of study relevant to the clinical area.
- 4. Develop managerial skills within sphere of responsibility.

Functional Requirements			
Direct face to face patient	Yes	Blood/body fluid exposure	Yes
contact			
Managing a team who hold	No	Prevention and	Yes
professional registrations		management of aggression	
Exposure prone	Yes	Crouching/stooping or	No
procedures (EPP)		kneeling	
Manual handling	Yes	Frequent hand	Yes
		washing/wearing gloves	
Night working/shift work	Yes	Chemical sensitisers	No
VDU user	Yes	Noise	No
Driving patients	No	Other (please state)	No

Job Specification:		Means of
		Assessment
	Essential/ Desirable	Application Form/Interview/ Test/Ref
Qualifications/training and professional development		
Registered Nurse on the appropriate part of the NMC	E	Α





		NHS Found
register or Registered Professional with a registration appropriate to undertake the roles and responsibilities within this job description		
Post registration qualification relevant to the clinical area or equivalent experience	E	A/I
Evidence of continuing professional development and maintenance of a personal professional file	E	A/I
Willingness to further develop knowledge and skills	E	A/I
Willingness to develop IT and computer skills as appropriate to the role	Е	A/I
Experience		
Significant experience at Band 5 level, of which some is to be in a position relevant to the specialty .	Е	A/I
Experience of managing and leading a clinical area	E	A/I/R
Knowledge of current developments in health care	E	1
Experience in change management	E	A/I
Experience of participating in clinical audit or patient reviews	Е	A/I
Supervision of students and supporting colleagues' learning to develop their professional competence and confidence	Е	A/I
Act as a role model of professional behaviour for students and newly qualified nurses, midwives and nursing associates to aspire to	E	A/I
Skills, abilities and knowledge		
Excellent communication and interpersonal skills	E	I/R
Ability to perform staff appraisals	E	A/I/R
Competency in advanced clinical skills including enhanced practice	Е	A/I/R
Organisational and time management skills	E	A/I
Able to critique research	D	I/R
Evidence of participation in clinical audit/patient review Attitude, aptitude	D	I
Highly motivated	Е	I/R





Leadership qualities	Е	I/R
Effective role model, demonstrating NNUH's PRIDE values of People focussed, Respect, Integrity, Dedication and Excellence	E	A/I
Demonstrates understanding and commitment to Equality, Diversity and Inclusion	Е	A/I

Reasonable adjustments will be considered to support disabled candidates in respect of the requirements of this role.

For information regarding general terms and conditions of employment please ask your line manager or Human Resources.

This job description indicates currently the main responsibilities of the post. It is not a complete list and may be amended and developed as necessary in consultation with the manager and post holder. We would aim to reach agreement on any changes, but if agreement is not possible, the Trust reserves the right to make changes to this job description.