

## **JOB DESCRIPTION**

### **Job Details:**

<b>Job Title:</b>	<b>Nutrition Nurse Specialist</b>
<b>Band:</b>	<b>6</b>
<b>Location:</b>	<b>NNUH</b>
<b>Department:</b>	<b>Gastroenterology</b>
<b>Managerially Accountable to:</b>	<b>Senior Nutrition Nurse Specialist/Matron Gastroenterology.</b>
<b>Professionally Accountable to:</b>	<b>Service Manager/Operations Manager</b>

### **Job Purpose:**

To develop and maintain a multidisciplinary approach to an artificial nutrition support service within the Trust. To assist and support other staff in the care of patients receiving artificial nutrition support, encouraging high standards of practice.

The post holder will be expected to provide specialist and advanced clinical management, education, information and support to patients and their families and carers requiring enteral or parenteral nutrition support.

It is an expectation that the post holder will become an independent prescriber of parenteral nutrition.

To support the delivery of a high quality, safe and compassionate healthcare service, all staff are expected to act as a role model to others in all aspects of their work and consistently demonstrate NNUH's 'PRIDE' values of People focused, Respect, Integrity, Dedication and Excellence.

### **Overview of Essential Responsibilities:**

1. To provide a nutrition support service by receiving direct referrals.
2. To assess, develop, prescribe, implement, and evaluate programmes of artificial nutritional support for patients within the Trust and at home.
3. To co-ordinate discharge planning for patients requiring complex artificial nutritional support within the primary care setting.
4. Ensure that Trust wide protocols for the maintenance of Central lines for Parenteral (Intravenous) Nutrition and Enteral tubes are formulated and appropriate training and monitoring is carried out.
5. To care for central lines, administering Parenteral Nutrition, drugs to maintain line patency and manage central line complications if necessary.

6. To advise and act as a resource for multidisciplinary staff on techniques and management of patients receiving artificial nutritional support.
7. To organise and participate in studies, research and development of new techniques and implement where appropriate.
8. Provide psychological care for patients receiving artificial nutritional support, identifying any needs that require referral to other agencies/support groups.
9. To work closely with the Consultants, medical and nursing staff, multi-disciplinary team, and Heads of Department within the Directorate.
10. To ensure that patients are seen within recommended time scales and targets where these are in place.
11. To respond to telephone enquiries and co-ordinate admission or changes in appointment dates as warranted by the patient's clinical condition, including operation of a telephone helpline.
12. To undertake a comprehensive assessment of the patient's symptoms and organise investigations as required.
13. To monitor the effectiveness and efficacy of treatments/drug therapy and implement any changes necessary.
14. To provide ongoing support for new and existing patients, their family, and carers.
15. To discuss medical management options, results, impact on lifestyle and life changes/adaptation, effects on relationships and employment with the patient, their family, and carers.
16. To interpret pathology, histology and radiological results, discuss with consultant and take appropriate action as required.
17. To identify the patients' physical, psychological and social needs that require referral to other agencies.
18. Recognise the limitations of the specialist nurse role and know when to seek medical advice.
19. To maintain clinical competence and undertake clinical duties as required by the Trust.

### **Communication**

1. To communicate sensitive condition related information effectively with patients and carers in a timely and understandable manner.
2. To liaise with other Specialists Nurses, Consultants, GPs, Dieticians, other members of the MDT, voluntary agencies, National charities, other agencies within and outside the Trust.
3. To provide accurate written information following patient consultation to GPs and other members of the MDT

4. To maintain accurate, contemporaneous records of all interventions, care and advice given, in line with the Trust's policies and procedures on real time data collection and confidentiality.
5. To network and share clinical practice with other Specialist Nurses in other Trusts
6. To assist with the management of resources in the clinical area within the agreed budget
7. Act as an ambassador for the Trust in professional and public settings

### **Management/Service Development**

1. To assist with the daily management of Nutrition Support Team Service.
2. To maintain formal and informal liaison with multidisciplinary staff.
3. Collect relevant data for artificial nutrition both nationally and Trust level.
4. To work as an autonomous practitioner responsible for managing and prioritising own workload against the needs of patients and service requirements.
5. To assist in the development of business plans to extend existing service as appropriate as required.
6. To develop and review protocols and policies within the speciality.
7. To attend local and national meetings relevant to the speciality as agreed with Line Manager.
8. To influence evidence-based changes in clinical practice.
9. To assist Senior Staff and Managers in evaluating the nursing service within the department/service.

### **Education Self /Others**

1. To ensure own practice is up-to-date and evidence based, undertaking relevant study and further education as identified through the personal development process or in response to changing service needs.
2. To attend relevant study days/conferences and network with other specialist nurses as agreed with the Line Manager.
3. Maintain an up-to-date knowledge, using information to effect change in practice, and ensure the effective dissemination of new knowledge.
4. To participate in the delivery of education both within the Trust and externally with UEA Schools of Medicine and Nursing and support the provision of relevant clinical learning experiences as required
5. To share own expertise with other health professionals including GPs, medical

students, practice and community nurses, wards and departments within the Trust

6. To network with professional colleagues within the directorate, Trust, and other services, to ensure best practice is shared.
7. To organise and facilitate study days

### **Audit/Clinical Governance**

1. To participate in Clinical Governance meetings.
2. To lead/assist with audit activity relevant to the clinical area and implement action plan.
3. To participate in research projects/clinical trials as required and in line with research protocols.
4. To assess patients for appropriate participation for clinical trials/projects within the Trust or other Trust organisations as required.
5. To maintain relevant databases, providing statistics and reports on the service as required by others.

### **Specific Additional Responsibilities:**

<b>Functional Requirements</b>			
Direct face to face patient contact	Yes	Blood/body fluid exposure	Yes
Exposure prone procedures (EPP)	Yes	Prevention and management of aggression	Yes
Managing a team who hold professional registrations	Yes	Crouching/stooping or kneeling	Yes
Manual handling	Yes	Frequent hand washing/wearing gloves	Yes
Night working/shift work	No	Chemical sensitisers	No
VDU user	No	Noise	Yes
Driving patients	No	Other (please state)	No

**Job Specification:**

		<b>Means of Assessment</b>
	<b>Essential/ Desirable</b>	<b>Application Form/ Interview/Test/Ref</b>
<b>Qualifications/training and professional development</b> Registered on the appropriate part of NMC register Maintain registration in accordance with the requirements of the NMC  Independent prescriber qualification	Essential  Essential  Desirable	AF  AF  AF
<b>Experience</b> Significant post registration experience, with evidence of continued professional development. To include but not limited to: Dealing with and administering Parenteral and Enteral Nutrition Support. Dealing with multidisciplinary staff. Patient/carer management.	Essential	AF/I
<b>Skills, abilities and knowledge</b> Knowledge of medical and surgical management of Intestinal Failure.  Good understanding of issues surrounding artificial nutrition and parenteral support.  The principles of asepsis in the care of parenteral nutrition.  Equipment used in delivery of artificial nutrition (ie.pumps,tubes,intravenous lines).  Excellent communication and interpersonal skills.  Clinical audit  Teaching skills  Computer literacy	Essential  Essential  Essential  Essential  Essential  Essential  Essential	AF/I  AF/I  AF/I  AF/I  AF/I  AF/I  AF/I

<b>Attitude, aptitude</b>		
Good organisational aptitude.	Essential	AF/I/
Good time management skills	Essential	AF/I/
Flexible and tactful.	Essential	AF/I
Ability to work within a multidisciplinary team.	Essential	AF/I
Ability to work autonomously	Essential	AF/I
Effective role model, demonstrating NNUH's PRIDE values of People focussed, Respect, Integrity, Dedication and Excellence	Essential	AF/I
Demonstrates understanding and commitment to Equality, Diversity and Inclusion	Essential	AF/I

Reasonable adjustments can be considered to support disabled candidates in respect of the requirements of this role.

For information regarding general terms and conditions of employment please ask your line manager or Human Resources.

This job description indicates currently the main responsibilities of the post. It is not a complete list and may be amended and developed as necessary in consultation with the manager and post holder. We would aim to reach agreement on any changes, but if agreement is not possible, the Trust reserves the right to make changes to this job description.