

## Personal Specification:

Qualifications	
<b><u>Essential Requirements</u></b>  First level nursing qualification/registration [RMN or RSCN, or first level qualification in social work, psychotherapy, clinical or counselling psychology.  All applicants will require professional registration with a statutory body: the Nursing Midwifery Council, Social Work England, Health Professional's Council, Chartered Clinical Psychologists by BPS, Child Psychotherapists by ACP or UKCP.	<b><u>Desirable Requirements</u></b>  MSc level qualification associated with adult mental health, e.g. clinical psychology, psychotherapy or equivalent, with a strong portfolio of post-registration clinical professional development.  Training in Clinical supervision/mentorship  Further post qualifying training and education in working with young adults with mental health problems.
Experience	
<b><u>Essential Requirements</u></b>  Experience and ability to function as a specialist practitioner in Mental Health & Wellbeing assessments and interventions with patients with various mental disorders.  Experience of working as a care co-ordinator or community practitioner in Adult Mental Health or Wellbeing settings.  Evidence of good practice in adolescent or adult mental health assessments.  Working in collaboration with supervisor, service user, carers and MDT in assessing needs, planning and implementing care.  Taking responsibility for care delivery in a specific area and maintaining a safe therapeutic environment. Evidence of experience of clinical governance and audit and the process of clinical supervision.  Evidence of working autonomously.	<b><u>Desirable Requirements</u></b>  Working with families in a multi-racial urban environment.  Sound knowledge base of working cross-culturally e.g. bilingual therapy skills and working with interpreters.  Personal experience of accessing mental health services.  Post qualification clinical experience of working with young people in the community
Knowledge / Skills	

**Essential Requirements**

The aetiology, emergence and course of mental disorders including differentials in mental states and sub-types of diagnoses.

The skill to undertake mental health assessments to ascertain differential diagnosis

Understanding of the aggravating and maintaining factors in all mental disorders.

The principles of clinical governance and practice. The principles underlying confidentiality and information sharing.

Evidence of ability to work with the client group using a recognised and registered therapeutic approach and related skills both in short and long term work.

Evidence of competency in clinical judgement.

Evidence of competency in risk assessment.

Evidence of using child protection or adult safeguarding in practice effectively.

Ability to work under pressure.

Ability to take on new concepts/forward thinking.

Evidence of using NICE guidelines to inform practice and understanding transition models and processes.

Good written and verbal presentation skills.

Basic IT and data entry skills to enter clinical information into databases.

Ability to work within a changing environment.

Ability to be 'reflective' in therapeutic practice and adapt practice from this reflection.

Demonstrate an ability to work effectively as part of a multidisciplinary team.

**Desirable Requirements**

Relevant research and its application to assessment, treatment and case management.

Research informed and evidence based methods of assessment, treatment and case management.

Experience of systemic working, with families, carers and wider networks.

Ability to work with young people who are within ASD spectrum or have a learning disability.

Ability to work with young people who have Dual Diagnosis

Experience of supervising others.	
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Experience or knowledge of undertaking care and treatment order reviews within community/inpatient settings.	
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Excellent time management skills.	
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