

## PERSON SPECIFICATION

**Job title: Community Mental Health Practitioner – Early Intervention – Band 6**

	<b>Essential</b>	<b>Desirable</b>
<b>Qualifications:</b>	<ol style="list-style-type: none"><li>1. Professional qualification and registration in mental health nursing, social work or occupational therapy</li></ol>	<ol style="list-style-type: none"><li>1. Relevant specialist CPD qualifications, for example, Thorn training</li><li>2. Family Intervention training for psychosis</li></ol>
<b>Experience:</b>	<ol style="list-style-type: none"><li>1. Post qualification mental health experience, including working with people who have experienced psychosis.</li><li>2. Experience of and commitment to multi-disciplinary working.</li><li>3. Experience of Care Co-ordination or equivalent role</li></ol>	<ol style="list-style-type: none"><li>1. Developing, leading and advising on group / psycho-educational programmes.</li><li>2. Experience of teaching / training</li><li>3. Experience of providing clinical supervision to junior staff / consultation for other professionals.</li></ol>
<b>Specialised knowledge:</b>	<ol style="list-style-type: none"><li>1. Good knowledge of adolescent developmental issues.</li><li>2. Good knowledge of severe mental illness.</li><li>3. Good knowledge and skills in psychiatric assessment / formulation with client group.</li><li>4. Good knowledge of the principles of care underlying early intervention.</li><li>5. Specialist skills and knowledge related to own professional background</li></ol>	<ol style="list-style-type: none"><li>1. Knowledge and skills in the use of relevant rating scales, eg DIALOGUE, QPR</li><li>2. Knowledge and skills in specific therapeutic approaches relevant to the client group e.g. care management, family work, CBT with psychosis, relapse prevention planning, Early Warning Signs work.</li><li>3. Knowledge and skills around substance abuse</li></ol>

### **Skills/ Personal Attributes:**

1. Excellent communication skills: able to communicate sensitive and complex information and to overcome barriers to communication
2. Effective team player with good liaison skills.
3. Good organisational skills: able to plan and prioritise own workload and activities, and to coordinate with other colleagues
4. Good administration skills.
5. Empathy/engagement skills with the client group.
6. Ability to cope with workload pressure
7. Ability to be flexible, adaptable and innovative.

8. Self awareness and emotional resilience when faced with difficult and demanding clinical situations.
9. Able to communicate effectively within a highly emotive atmosphere
10. Clean driving license and access to a car.
11. Understanding of and commitment to anti-discriminatory practice