



<b>BIRMINGHAM AND SOLIHULL MENTAL HEALTH NHS FOUNDATION TRUST</b>																			
<b>JOB DESCRIPTION AND PERSON SPECIFICATION</b>																			
<b>Job Title</b>	Consultant Psychiatrist, General Adult Psychiatry Larimar Ward - Ardenleigh Hospital																		
<b>Directorate</b>	Acute Inpatient and Home Treatment Services																		
<b>Royal College of Psychiatrists approval details:</b>	<i>Approval details to be completed by RCPsych</i> <b>RCPsych Ref No: XXXXXXXXX</b> <i>RCPsych to insert Approval Stamp</i>																		
<b>Base address</b>	Larimar Ward Ardenleigh Hospital 385 Kingsbury Road Erdington Birmingham B24 9SA																		
<b>Contract</b>	Substantive, Full Time (10 PAs) as per Consultant Contract for England 2003 (revised 2018)																		
<b>Accountable professionally to</b>	Roisin Fallon-Williams, CEO through Dr Fabida Aria, Medical Director																		
<b>Accountable operationally to</b>	Mr Kerry Webb, Clinical Director, Acute Care and Home Treatment Teams																		
<b>Key working relationships and lines of responsibility</b>	<table border="0" style="width: 100%;"> <tr> <td style="width: 50%;">Trust Chair</td> <td style="width: 50%;">Philip Gayle</td> </tr> <tr> <td>Chief Executive</td> <td>Roisin Fallon-Williams</td> </tr> <tr> <td>Medical Director &amp; Responsible Officer</td> <td>Dr Fabida Aria</td> </tr> <tr> <td>Director of Operations</td> <td>Vanessa Devlin</td> </tr> <tr> <td>Deputy Medical Director – Quality and Safety</td> <td>Dr Renarta Rowe</td> </tr> <tr> <td>Deputy Medical Director- Medical Workforce, Professional Practice, MHA Legislation and Transformation</td> <td>Dr Imran Waheed</td> </tr> <tr> <td>Associate Director</td> <td>Tariro Nyarumbu</td> </tr> <tr> <td>Clinical Director</td> <td>Mr Kerry Webb</td> </tr> <tr> <td>Line Manager</td> <td>Mr Kerry Webb</td> </tr> </table>	Trust Chair	Philip Gayle	Chief Executive	Roisin Fallon-Williams	Medical Director & Responsible Officer	Dr Fabida Aria	Director of Operations	Vanessa Devlin	Deputy Medical Director – Quality and Safety	Dr Renarta Rowe	Deputy Medical Director- Medical Workforce, Professional Practice, MHA Legislation and Transformation	Dr Imran Waheed	Associate Director	Tariro Nyarumbu	Clinical Director	Mr Kerry Webb	Line Manager	Mr Kerry Webb
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## 1. Job Summary

This is an exciting time to join the Acute Care Directorate. The primary role will be as the Consultant Psychiatrist providing senior medical input to Larimar Ward which is a 15-bedded female inpatient unit. Cross cover will also be provided to Endeavour House one day per week to support the less than full time consultant. This falls within the guidance of the Royal College of Psychiatrists regarding ward size and inpatient consultant workload.

## 2. Introduction

Thank you for expressing an interest in our Trust.

Birmingham and Solihull Mental Health NHS Foundation Trust (BSMHFT) provides a comprehensive mental healthcare service for residents of Birmingham and Solihull and to communities in the West Midlands and beyond.

Birmingham is the second largest city in the UK and as a result brings with it a whole range of cultural, social, sporting and leisure opportunities. It is one of the youngest cities in Europe which adds to the vibrancy of the area.

We operate out of more than 50 sites and serve a culturally and socially diverse population of 1.2 million spread over 172 square miles. We have an annual budget of £240 million and a dedicated workforce of over 4,000 staff – making us one of the largest and most complex Mental Health Foundation Trusts in the country. Our catchment population is ethnically diverse and characterised in places by high levels of deprivation, low earnings and unemployment. These factors create a higher requirement for access to health services and a greater need for innovative ways of engaging people from the most affected areas.

This gives us the perfect opportunity to try new ways of engaging, educating and interacting with our population. This additional creativity is essential to enable us to fulfil our ambition to ensure that all members of our population with mental illness access the care and the help that they need at the time that they need it.

We provide a wide range of inpatient, community, and specialist mental health services, including:

- Adult community and inpatient services
- Substance misuse services
- Mental health services for older people
- Services for children and young people
- Specialist and complex care, including perinatal, deaf service, eating disorders and neuropsychiatry
- Offender health, including delivery of healthcare services at HMP Birmingham
- Specialist psychological services
- Services for homeless people
- Liaison Psychiatry service within acute hospitals
- Improving Access to Psychological Therapies (IAPT)

Together, these services include elements of rehabilitation, crisis and home treatment, assertive outreach, early intervention, addictions, day services and mental health wellbeing.

The address of our Trust Corporate Headquarters is:

**Birmingham and Solihull Mental Health NHS Foundation Trust**  
Uffculme Centre, 52 Queensbridge Road, Birmingham, B13 8QY

**Tel:** 0121 301 1111

**Email:** [bsmhft.commsteam@nhs.net](mailto:bsmhft.commsteam@nhs.net)

**Website:** [www.bsmhft.nhs.uk](http://www.bsmhft.nhs.uk)

### 3. Our Vision and Values

#### Our Vision

As an organisation, our vision describes what we want to achieve – our aspiration for the future. Our vision is at the heart of everything we do and every decision that we make.

Our vision is simple: ***Improving mental health wellbeing***

We are working in four keyways to achieve this vision which the following themes running through our strategy:

#### Driving change

Leading the way and encouraging collaboration across systems to develop joined up, integrated mental health services for our population.

#### Continuous improvement

Continually seeking to question, improve, learn and innovate through our practices, our research and our developments.

#### Working together

Co-producing our strategies and plans with our people, our partners and our service users, families and carers.

#### Reducing inequalities

Working in a way that tackles discrimination, addresses stigma, and encourages equality for all.

#### Our Values

Our values are core to our Trust, are integral to our strategy and who we are. They are promoted through everything we do.



#### Compassionate

- Supporting recovery for all and maintaining hope for the future
- Being kind to ourselves and others
- Showing empathy for others and appreciating vulnerability in each of us

#### Inclusive

- Treating people fairly, with dignity and respect
- Challenging all forms of discrimination
- Valuing all voices so we all feel we belong

## **Committed**

- Striving to deliver the best work and keeping service users at the heart
- Taking responsibility for our work and doing what we say we will
- Courage to question to help us learn, improve and grow together

## **4. Our Operating Structure and Services**

The Trust Chair is Philip Gayle and the Chief Executive is Roisin Fallon-Williams. Our Trust Board currently comprises our Chair, six Non-Executive Directors, the Chief Executive and four Executive Directors. The Board has collective responsibility for the direction and performance of the Trust and to ensure that the Trust meets its obligations to the current independent regulator for Foundation Trusts, Monitor.

We work beyond our borders to support our neighbouring trusts as part of the Mental Health Alliance for Excellence, Resilience, Innovation and Training (MERIT). This is made up of the local Trusts in the West Midlands working in partnership to transform the way acute mental health services are provided to service users, patients and their carers across the region.

BSMHFT is a Digital Exemplar trust and as such we have an ambitious programme of improving patient care and efficiency using digital technology and systems. This has already seen tremendous success with digital records and digital prescribing and will be extended further in the future.

Quality is an important focus for our Trust. These innovations help to raise the quality of care our service users and families receive, we are keen to improve the quality of care further in collaboration between service users, clinicians and academics. The aim is to ensure quality is embedded in every aspect of our work.

The Trust has the following Service Directorates:

### **Integrated Community Care and Recovery (ICCR)**

Includes Community Mental Health Teams, Assertive Outreach Teams, Inpatient Rehabilitation Units, Solihull CAMHS SOLAR, Solihull Addictions SIAS, Specialist Psychotherapy Service, Homeless CMHT, Homeless Primary Care and Recovery Near You Wolverhampton

### **Acute Care and Urgent Care**

Acute care includes Crisis and Home Treatment Teams, Acute Adult Inpatient Units and Psychiatric Intensive Care Units;

Urgent care includes Liaison Psychiatry, Street Triage, Place of Safety, Psychiatric Decision Unit

### **Older People and Specialties**

Adult Services - Older Adult CMHTs and OA Inpatient Units and Specialist Services including Neuropsychiatry, Eating Disorders, Perinatal Services and Specialist Mental Health Services for the Deaf

### **Secure and Offender Services**

Includes Community Forensic Teams, FIRST Team and Inpatient Forensic Services

Each of these Directorates is led by an Associate Director and a Clinical Director. The Directorates are further supported by Heads of Service and Clinical Service Managers who work closely with the Team Managers and Clinicians of the relevant teams.

## 5. Our Academic Links – Undergraduate and Postgraduate Medical Education

BSMHFT has teaching status, and this reflects the close relationship between the Trust and Birmingham University's in all aspects of education, research and development. The Department of Psychiatry of the University of Birmingham is currently located within the National Centre for Mental Health in the Barberry building which itself lies in close proximity to the medical school and main university campus. The current Head of the Department of Psychiatry is Professor Femi Oyeboode. The department is part of a wider Division of Neurosciences at the University.

We are the largest teaching Trust for medical undergraduate psychiatry training with over 450 students enjoying placements with the Trust each year. Students are received from both the University of Birmingham and Aston University Medical Schools. Clinical teaching of psychiatry occurs during the fourth and fifth years and all Consultants are required to participate through the attachment of medical students to their clinical team. We have a thriving teaching community and there are opportunities for Consultants and SAS doctors to teach on lecture programmes and to supervise medical student projects. For those with greater interest and commitment to teaching and research, the department offers honorary status together with Senior Academic Tutor posts, which carry additional responsibility for training of medical students.

The Trust also delivers high quality post-graduate training at foundation, core, and higher specialist training levels. The Associate Medical Director for Medical Education is Dr Ruth Scally who leads a dynamic postgraduate medical education department. Consultants are expected to promote a supportive training atmosphere through supervision of individual trainees, contribution to local teaching and training programmes and assist in clinical exams. Creativity and innovation in teaching is encouraged with an emphasis on simulation and the use of digital technology. Mentoring and training will be offered to consultants who wish to pursue an interest in medical education

All trainee doctors receive one hour of education supervision time per week, over and above day to day clinical supervision.

There is a weekly postgraduate programme of case conferences, journal clubs and audit meetings which the post holder is expected to participate in.

In addition to our educational links with Birmingham and Aston, we have a strong partnership with the University of Warwick Medical School primarily through Associate Clinical Professor Vivek Furtado, in Forensic Psychiatry. The School of Mental Health and Wellbeing at the university offers a unique combination of experts in psychiatry, public health, cardiovascular health, psychology, social sciences and community paediatrics. Their research activities include epidemiology, trials of complex interventions at individual, family and community levels, and understanding socio-cultural and environmental determinants of mental health and wellbeing. For forensic psychiatry, Associate Professor Furtado leads on research spanning forensic psychiatry, long term care in forensic psychiatry, old age psychiatry, prison psychiatry, old age forensic psychiatry, systematic reviews and health economics.

## 6. Research and Innovation

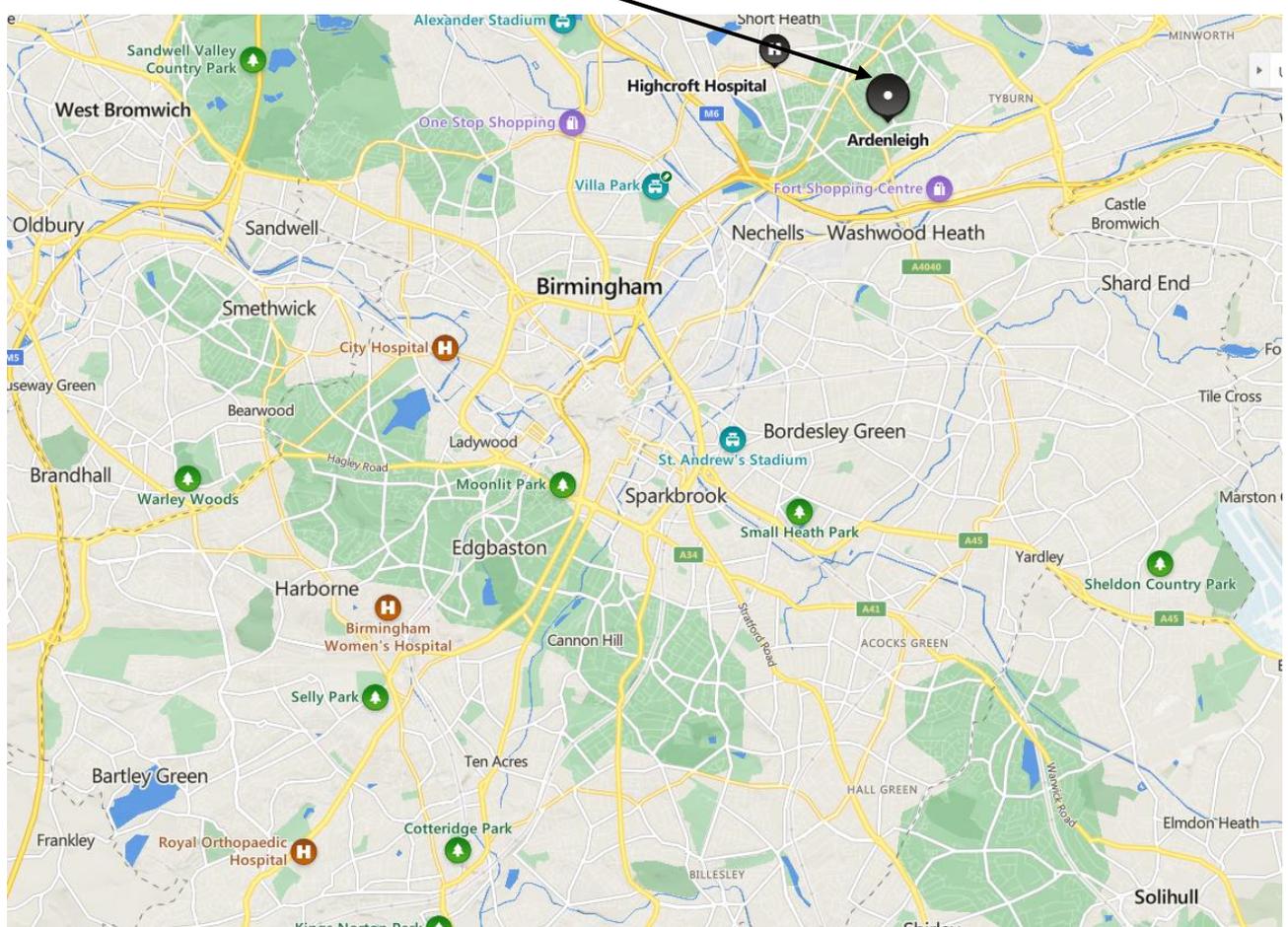
The Trust has an approved Research and Development (R&D) strategy, which aims to make BSMHFT one of the most research active mental health trusts in the UK and internationally, while also aiming to ensure that our service users benefit from this locally. The Trust is an active participant in local and national Clinical Research Networks (LCRN). A number of academic psychiatrists employed by the University undertake clinical activities within BSMHFT and some BSMHFT staff have honorary positions with the University in research or teaching roles.

We see the expansion of our research capacity, capability and activity as key to ensure service users and families receive the very best care. We want our clinicians to operate at the cutting edge of research and innovation, to ensure that we provide the highest quality services to our patients. We believe that this will enable us to recruit and retain the highest calibre of healthcare professionals which will bring about the best outcomes for our population.

We will support post holders to be involved in research and innovation at the Trust by ensuring that they are up to date with the creation of the latest evidence base. This may be either as part of supporting professional activities, via internal and external applications for research and innovation funding to enable backfill and/or more formally through negotiation with their Clinical Director to ensure that research and innovation activities are part of the job plan. Consultants involved in supporting recruitment to National Institute for Health Research (NIHR) Clinical Trials Portfolio are also able to bid to the Trusts annual R&I Investment fund for backfill and/or Research Assistant resource.

## 7. The Service, Demographics and Caseload numbers

Location of base : Larimar Ward, Ardenleigh Hospital, 385 Kingsbury Road, Erdington, Birmingham, B24 9SA



The acute care service model incorporates the provision of evidence-based and patient-orientated assessment and treatment provision for people experiencing acute psychiatric symptoms. The inpatient treatment facility offers provision for those patients where treatment at home (home treatment service) is not sufficient, providing for a period of assessment, treatment and short-term stabilization

Acute inpatient services are part of a wider care and treatment pathway that encompasses crisis services, specialist services and primary and secondary community services. The pathway incorporates clinical services as well as third sector led services and the promotion of recovery through the introduction of more peer support opportunities for inpatient service users on the ward setting and within the built environment. All focused on timely access to the right level of care at the right time. This part of the clinical model concentrates on acute care inpatient wards which are focused on delivering care and treatment to patients at the acute stage of illness, whilst supporting the ongoing principles of recovery.

Other recent developments in the model include the expansion of the ward clinical team to include dedicated pharmacy input, psychology and psychology assistants and activity workers.

The 2021 bed locality model, implemented from August 2021, ensures that patients are cared for in their locality and that their local home treatment team has a dedicated single-sex acute ward to refer to and work with.

Larimar Ward serves the population of North Birmingham. The ward links in with the Erdington, Kingstanding and Sutton home treatment teams. The area represents a richly diverse and multicultural population. Birmingham is also the youngest city in the UK. The diversity of north Birmingham means that there are a broad set of needs including areas of significant deprivation. There are pockets of high unemployment, demand for social housing, properties of multiple occupation and high drug and alcohol use. Conversely there are areas of hard-working class families with strong social support networks and areas of significant wealth and privilege.

There is currently a University of Birmingham led piece of research being conducted in the North Home Treatment Team looking at equity of access to psychiatric and psychological therapies across different ethnic groups.

The ward has 15 beds at any one time and the postholder will be responsible only for those inpatients or for those on clinical leave. The length of stay is currently 28 days although the clinical leadership team are engaged in local work and support the work of the national GIRFT team (getting it right first time) in looking at how criteria for admission, treatment, discharge and overall length of stay are optimized.

The current staffing mix on Larimar Ward is:

- 1 x wte Band 7 Ward Manager
- 0.5 x wte Clinical Psychologist
- 4 x wte Band 6 nurses
- 9 x wte Band 5 nurses
- 1 x wte Band 6 Occupational Therapist
- 1 x wte Band 5 Occupational Therapist
- 9 x wte Band 3 Health Care Assistant
- 1 x wte Band 3 Activity Worker
- 1 x wte Ward Clerk

### Key innovations and changes within the Service:

- **Localised Bed Base** – in 2021 the decision was made to move from a position of all beds across the BSOL footprint being available for all patients. It was identified that by having a locality bed base across a local home treatment team and local ward, that there could be better continuity of care and better use of local bed resources, with the ward and home treatment team working effectively as a unit to in-reach and to agree clinical prioritization.
- **Ward MDT clinical leadership model** – The ward consultant psychiatrist is the lead clinician and responsible clinician for the patients on the ward. Nevertheless, it is clear that having a wider leadership approach locally, empowered through the multi-disciplinary team working ensure a more collaborative and integrative approach that improves patient and clinician safety.
- **Broader based clinical staffing model** – The directorate has embarked on a series of workstreams that have seen the innovation of new roles across the inpatient staffing model. New roles are being developed, such as pharmacy technicians and physicians' associates.
- **Evidence based interventions** - treatment, interventions and support based on the best evidence, along clear pathways, with access to talking therapies and whole-system partnerships working to meet needs.
- **Highly visible senior clinical and managerial team at the front end** – Acute care has an associate and a clinical director. Additionally, three medical clinical leads, a lead consultant psychologist, a head of nursing and AHP as well as dedicated inpatient nursing matrons, three clinical nurse managers and a support team including management, project, finance, human resources and informatics support.
- **Physical health and mental health being of equal importance** – there is renewed focus on the physical health agenda with support from clinical matrons and a development programme for physicians' associates being developed.
- **Reducing restrictive practice (RRP)** – There is a programme of work to support the clinical approach both on acute wards and on PICU units around restrictive practice. Using a quality improvement (QI) approach the wards are looking to understand and enhance clinical management around the use of restraints, seclusion and rapid tranquilisation.

## 8. The Post

### Consultant Psychiatrist in General Adult Acute Psychiatry, Inpatient Services, Larimar Ward

This is a replacement post.

The post holder will work with the ward manager, the psychologist, the matron and the occupational therapist as part of a broad-based leadership team to improve the care of patients. The post holder will provide medical leadership and input to the multidisciplinary ward team with attendance at daily inpatient reviews that include multidisciplinary review meetings, bed management meetings and discharge planning reviews. Daily touch points with the ward manager will enable the consultant and ward manager to oversee the admissions and expected discharges of patients improving patient safety and flow. The majority of patients are likely to be detained under the Mental Health Act. There is a focus on quality of care and as such the ward team hold a *safety huddle* at an agreed time on a daily basis.

This brief meeting focuses on patient, staff and environmental concerns of the day that may need focused attention, management and/or escalation to senior clinical managers. The input of the consultant and/or their junior doctor to this huddle ensures that there is always a senior clinical consideration to the issues or hot-spots of the ward on any given day.

This work is expected to require a maximum of 8 PAs as per the Royal College of Psychiatrist guidance for dedicated inpatient consultants. The College guidance suggests that consultants can manage 15-20 beds with the support of a trainee junior doctor and this equates to a maximum of 8 PAs for a 16-bedded unit and 2 PAs will be available for reciprocal consultant cover and/or urgent care assessments. This will be negotiated individually as each consultant job plan and list of obligations will vary slightly due to other interests or clinical operational requirements. The job plan will reflect 7.5 PAs for Direct Clinical Care and 2.5 PAs for Supporting Professional Activities. The workload will be monitored and managed through the annual job planning process which will take into account complexity of case mix, length of stay and other mutually agreed metrics.

The postholder will manage their own ward while working closely with the local home treatment teams and community mental health teams. Assertive outreach (AOT) patients are managed within a dedicated AOT bed base but early intervention patients (EIS) are occasionally admitted for inpatient treatment and fall under the responsibility of the acute consultant, while working closely with the community EIS consultant.

The post holder will be expected to provide reciprocal consultant cover for other acute inpatient units during scheduled absences such as annual leaves, study leaves, etc.

The post holder may also be involved in working with the wider urgent care pathway providing assessment service for patients referred for urgent assessments by primary care and other community referral sources. These responsibilities will be mutually agreed through the job planning processes.

## **9. Role of post in terms of strategic service development and business planning**

There is a strong Clinical Governance framework including service and overall programme committees, which report to the Trust CGC. Doctors are expected to regularly attend their local CGC and audit meetings and to supervise and participate in clinical audit usually with colleagues. There is a programme Clinical Governance Facilitator who supports governance activities.

Doctors are also expected to participate in Quality Improvement activities and can access Quality Improvement training if required.

Active involvement in National audits (eg. related to Physical health, POMH audits) and CQC inspection and action plans is expected of the Consultant.

The post-holder will be expected to proactively support the requirements of Clinical Governance and to have responsibility both individually and with colleagues for the general management of the service. This will include dealing with complaints, identifying and reporting critical untoward incidents, fostering clinically effective and evidence-based interventions and good quality care to patients.

## 10. Duties & Responsibilities

The post holder will provide medical leadership to the Acute Psychiatric inpatient service, and with senior multidisciplinary colleagues they will lead and develop a clinical service working with high levels of psychiatric morbidity and significant social disadvantage. In collaboration with senior colleagues they will take a lead role in service improvements and development to ensure the provision of an effective acute pathway across BSMHFT and a whole system approach to pathways. The post holder will work with colleagues to facilitate the return where possible to local services of those patients who are admitted and treated out of area.

1. Direct clinical work will include assessment and treatment of patients referred to the acute inpatient psychiatric unit.
2. The post holder will participate in the engagement, assessment, diagnosis and formulation of patients referred to the unit. They will collaborate with colleagues on the development of bio-psychosocial formulations and treatment plans within the unit as well as liaise with Home Treatment Teams, Integrated care teams and 3rd Sector partners.
3. To provide reciprocal cover to adjacent inpatient units during periods of consultant absence to ensure continuity of senior medical input
4. To provide sessions for assessments of patient referred to the Urgent Assessment Teams with the support of the multidisciplinary team.
5. The post holder will provide (or ensure referral to the appropriate service for provision of) up to date evidence based interventions.
6. They will work with others to ensure that patients receive an appropriate level of physical health monitoring and care.
7. To communicate and liaise with relatives, carers, GPs and other disciplines and agencies as appropriate.
8. To work with statutory and non-statutory services to provide a whole system approach to acute psychiatric inpatient care to ensure and promote early recovery.
9. Actively liaise with other mental health teams to ensure continuity of care and appropriate information sharing.
10. Develop risk assessment and management plans in conjunction with the Multidisciplinary team, service user, carers and other involved agencies and facilitate maximum empowerment of the service user and carer in developing informed choice of treatment interventions.
11. Be the Responsible Clinician and be willing to undertake training to obtain section 12(2) MHA and renew this approval according to agreed procedures. Undertake assessments to include Mental Health Act assessments where appropriate.
12. Provide Approved Clinician responsibility for the relevant patients.
13. Complete all documentation following each clinical contact using our electronic notes system (RIO) in a timely manner. The Trust policy requires input of all notes within a maximum 3 days, although normally clinicians aim to input notes on the same or the next day.

14. Promote equality of access to Services, ensuring services are provided in a culturally sensitive manner
15. Responsible for the prescription of appropriate treatments, including drug treatments.
16. Actively contribute to the clinical governance programme in the local hub / team and to the overall clinical governance agenda as well as to the programme's audit, research and Quality Improvement priorities.
17. Involvement in the teaching of junior doctors and medical students. To take part in the Directorate academic programme. The post-holder may also be asked to participate in the teaching of non-medical staff.
18. Provide clinical supervision of medical trainees within the team.
19. Participation in management duties including membership of committees, assigned duties and responsibilities.
20. Contribute to the Consultant on call rota.
21. Remain registered for CPD and maintain up to date knowledge and expertise.

## 11. Job Plan and Timetable

An indicative job plan:

### 7.5 PAs Direct Clinical Care (DCC)

### 2.5 PAs Supporting Professional Activities (SPA)

Job plans are developed and agreed jointly with the clinical lead and are reviewed regularly or as the need arises.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM	Admin and Patient Review	Cross Cover	SPA	Ward Round	Urgent Care / Cross Cover
PM	Ward Round Safety Huddle	Tribunal Work and junior supervision	Admin and Patient reviews Safety Huddle	SPA	Patient Reviews, weekend planning, safety huddle and correspondence

Job plans are recorded electronically and will be reviewed annually or if there are any significant changes. Workload will be adjusted during job plan reviews. The job plan takes into account of travel time between sites.

SPAs provide ring-fenced time for supervision, CPD, audit and non-clinical admin.

## 12. On Call arrangements

The post-holder will be expected to take part in an on-call rota (currently 1 in 23) which attracts an on-call supplement of 3% (Category A). The rota is a three tier system with junior doctors in tier one and middle grade/SpR in tier two and consultants in tier three. The consultants cover liaison psychiatry at the accident and Emergency department(s), inpatient units and community adult services.

## 13. Support to the post holder and for the role

We know that moving to a new trust or a new role can be stressful and difficult. We will provide support to make this as easy as possible.

We offer a new consultant CPD programme which runs alongside the standard consultant CPD programme. This helps to ensure that new consultants receive support from their peers, but also helps to ensure that the trust can learn as much as possible from the new vision and perspective that new additions to the trust can offer. We offer additional induction to support with early tasks such as appraisal, job planning and consultant on-calls. We support the West Midlands RCPsych Mentorship scheme and encourage all new doctors to identify a mentor to support with transitional steps. All new consultants are met by the Medical Director and Deputy Medical Director shortly after commencing the post to help identify career ambitions and any additional training/support offer that may be helpful. As a trust we want all staff members to reach their full potential, and we want to support with every step of your development. We recognise challenges post Covid-19 pandemic and hope that our well-established wellbeing offer is able to support during difficult times. We want the best for our local population and to achieve this we strive to do the best for our staff.

There will also be Regular Management Supervision by the line manager.

### Support from medical and non-medical colleagues:

As well as the teams mentioned previously, the service also has support from local liaison psychiatry teams and an urgent care service consisting of a place of safety suite, a psychiatric decisions unit (PDU) a street triage team and a dedicated 24-hour crisis line managed by the MIND third sector partner but with dedicated clinical nursing input.

The acute care directorate across BSMHFT is responsible for delivering care and treatment across 13 acute wards and 3 PICU (psychiatric intensive care units). In addition, there are 9 local home treatment teams. The ward breakdown is as follows:

ACUTE MALE BEDS	ACUTE FEMALE BEDS
George Ward x 18	Larimar Ward x 15
Eden Ward x 16 (7 AOT)	Newbridge House x 16
Endeavour House x 12	Mary Seacole 2 x 14
Mary Seacole 1 x 16	Lavender Ward x 16
Saffron Ward x 16	Melissa Ward x 16
Tazetta x 16	Japonica Ward x 16 (AOT)
Magnolia x 16 (AOT)	Eden PICU x 8 (PICU)
Meadowcroft x 10 (PICU)	
Caffra x 10 (PICU)	

The successful applicant will be expected to be a medical trainer or work with the Associate Medical Director for Medical Education to achieve clinical supervisor status and therefore have a junior doctor attached to them on the ward.

There is currently a second junior doctor working on the ward to provide additional junior medical support. It is anticipated that this will be reviewed with the intention of creating a physician associate post to work alongside the junior doctor under the direction of the ward consultant and ward manager.

The Consultant posts are also supported by Advanced Nurse Practitioners.

**Secretarial and admin support:**

The Consultant will have access to a medical secretary and team administrative support.

**Office Arrangements and access to IT equipment:**

The administrative base will be well-equipped and the Consultant will have office accommodation, single or shared, depending on location. A personal computer will also be provided

In addition, support for remote working will be provided with laptop connected to Rio and other Trust systems, along with a mobile phone, according to the requirements of the post. This can support flexible working and efficient on call work where applicable.

#### 14. Continuing Professional Development (CPD)

The post-holder will be expected to be registered with the Royal College of Psychiatrists and to remain in Good Standing for Continuing Professional Development. The post holder will attend the Trust's monthly consultant CPD meeting and weekly postgraduate medical education programme. Time and resources will be made available for the post holder to effectively participate in CPD activities. The post holder will have access to a local CPD peer group.

**Study Leave:**

Consultants are entitled to 10 days of study leave per year with pay and expenses (for UK based events), in accordance with the study leave policy that requires appropriate cover to be arranged and an application form to be completed detailing the objective of the study leave, its connection to the applicant's PDP and the benefits of the leave to the applicant and the service area.

**CESR Programme:**

The Trust has a great CESR programme and has committed to the SAS Charter to help doctors progress in their career and gain Specialist Registration. SAS doctors are supported by the Trust SAS Lead and are encouraged to gain Approved Clinician status. A number of SAS doctors have been supported to obtain Consultant posts within the Trust.

#### 15. Appraisal and Revalidation

The post-holder will be required to participate in annual appraisal. This will be undertaken by a trained appraiser and provides a supportive framework to ensure all Consultants have a personal development plan which supports their CPD activities. In addition, participation in multi-source feedback/360 appraisal is required as part of the GMC revalidation process.

## 16. General Terms and Conditions

### Employer

The post-holder will be employed by Birmingham and Solihull Mental Health NHS Trust.

### Remuneration

The salary will be in accordance with the Terms and Conditions – Consultants (England 2003). The salary scale from 1 April 2023 is £93,666 per annum to £126,281 per annum, based on a full time contract of 10 programmed activities (PAs) per week. The salary on commencement will depend on a Consultant's seniority.

The on-call supplement for the post has been agreed as 3% of the basic salary (Category A).

Progression through the thresholds will be dependent upon satisfactory performance, as assessed through the job planning and appraisal mechanisms.

The candidate will be eligible for Clinical Excellence Awards as per national and Trust procedures.

Relocation expenses may be reimbursed subject to eligibility. The policy provides for reimbursement up to £8,000.

### Annual Leave

The post-holder will be entitled to the annual leave provision outlined in the Terms and Conditions – Consultants (England 2003) with additional leave approved at Trust level. Entitlements are:

33 days per annum rising to 35 days after 7 complete years of service.

Requests for annual leave should be submitted to the Clinical Director for authorisation. Adequate cover arrangements are the responsibility of the post-holder and should be in place prior to leave being taken.

In addition there is an entitlement to 8 public/statutory holidays as follows:

New Year's Day  
Good Friday  
Easter Monday  
May Day  
Spring Bank Holiday  
August Bank Holiday  
Christmas Day  
Boxing Day

### Cover for Colleagues

The post-holder will be expected to provide reciprocal cover for colleagues during annual, study and short-term sick leave.

### Health Clearance

The successful applicant will be required to complete a health questionnaire and obtain clearance from the Occupational Health Department as a condition of employment.

### Health and Wellbeing

All staff have access to a range of initiatives across the Trust. See Appendix 2 for full information.

### **Health and Safety**

Staff must ensure that they are familiar with the requirements of the Health and Safety at Work Act (1974), the Trust's Health & Safety policies/codes of practice or regulations applicable to the workplace.

### **No Smoking**

This Trust acknowledges its responsibility to provide a safe, smoke free environment, and to ensure that it makes provision for its employees, service users and visitors. The Trust therefore actively discourages smoking on Trust property.

### **SAS Charter**

BSMHFT has fully signed up to the SAS Charter, a process developed by the British Medical Association for Specialist, Associate and Specialty Doctors, in relation to pay, working conditions and career development.

### **Rehabilitation of Offenders Act**

Because of the nature of the work of this post, it is exempt from the provisions of Section 4(2) of the Rehabilitation of Offenders Act 1974 by virtue of the Rehabilitation of Offenders Act 1974 (Exempt Order 1975). Applicants are therefore not entitled to withhold information about convictions, including those which are 'spent' under the provisions of the Act. In the event of employment, any failure to disclose such convictions could result in disciplinary action including dismissal being taken by the Trust. Any information provided will be treated with confidence.

### **Confidentiality**

It is a condition of employment that staff will not disclose any information obtained in the course of their duties other than to those entitled to receive it. The postholder must ensure that the confidentiality of personal data remains secure and the terms of the Data Protection Act are met in respect of information held on the Trust's computerised systems.

### **Equal Opportunities**

The Trust is committed to equality of opportunity. Equal opportunities is an important part of the human resource function and all staff are required to ensure that all policies and practices are in accordance with current legislation, good practice and the NHS Executive's Planning & Priorities Guidance 1996/7.

## **17. Contact details for further Information**

For further information or to make arrangements to visit the Trust, please contact:

Mr Kerry Webb  
Clinical Director for Acute Care  
Telephone: 0121 301 2318  
Email: Kerry.webb6@nhs.net

<b>Appendix 1 - PERSON SPECIFICATION:</b>		
<b>Consultant Psychiatrist, General Adult Psychiatry, Inpatient Services</b>		
	<b>Essential</b>	<b>Desirable</b>
<b>QUALIFICATIONS</b>	<ul style="list-style-type: none"> <li>• Full GMC registration with a licence to practice</li> <li>• Approved under Section 12(2) of the Mental Health Act (1983)</li> <li>• MRCPsych or equivalent</li> </ul>	<ul style="list-style-type: none"> <li>• Additional qualification or higher degree in medical education, clinical research or another relevant field</li> </ul>
<b>TRAINING</b>	<ul style="list-style-type: none"> <li>• Obtained inclusion on the Specialist Register; or within six months of the award of a Certificate of Completion of Specialist Training (CCST) in General Adult Psychiatry; or eligible for inclusion on the Specialist Register</li> <li>• Commitment to personal programme of Continuing Professional Development.</li> </ul>	<ul style="list-style-type: none"> <li>• Broad clinical training including both inpatient and community service</li> </ul>
<b>EXPERIENCE</b>	<ul style="list-style-type: none"> <li>• Substantial experience of psychiatry, including working with people suffering from severe mental illness, preferably in a range of secure and non-secure settings.</li> <li>• Experience of providing psychological and/or social interventions</li> <li>• Experience of teaching and training at an undergraduate/postgraduate level</li> </ul>	<ul style="list-style-type: none"> <li>• Experience serving a multi-cultural, multi-ethnic population.</li> <li>• Experience of stakeholder engagement in service delivery</li> <li>• Experience of contributing to or completion of a service improvement project</li> </ul>
<b>RESEARCH &amp; AUDIT</b>	<ul style="list-style-type: none"> <li>• Commitment to clinical audit within multi-disciplinary team.</li> </ul>	<ul style="list-style-type: none"> <li>• Completed clinically relevant audit projects</li> </ul>
<b>PERSONAL SKILLS</b>	<ul style="list-style-type: none"> <li>• Evidence of potential for effective leadership.</li> <li>• Excellent communication skills.</li> <li>• Ability to work creatively within multi-disciplinary team.</li> </ul>	
<b>OTHER</b>	<ul style="list-style-type: none"> <li>• Demonstrable interest in the provision of gender sensitive mental health service</li> <li>• Willingness to be involved in management of service.</li> </ul>	
<b>PERSONAL CIRCUMSTANCES</b>	<ul style="list-style-type: none"> <li>• Able to participate in Consultant on-call rota.</li> <li>• Able to travel</li> </ul>	

## Appendix 2 – HEALTH AND WELL-BEING OFFER

Health and well-being support is available to all BSMHFT staff in a variety of forums and formats. We have a specific calendar of activities taking place throughout the year and toolkits available to support managers and staff. Further information on services available are provided below:

### **PAM Occupational Health support**

People Asset Management Ltd (PAM) is our provider of occupational health and wellbeing services. They offer a number of services to help us take care of our physical and mental health. Referrals can either be made through your line manager or through self-referral.

### **Employee Assistant Programme (EAP) 'PAM Assist'**

A free, 24/7 confidential service, created to help you access guidance and support when you need it. Support is available via telephone, online, app or face to face, in a variety of areas, including:

Personal Life	Health	Growing Older
<ul style="list-style-type: none"> <li>• Buying a new Home</li> <li>• Getting Married</li> <li>• Raising Children</li> <li>• Family Friction</li> <li>• Bereavement</li> <li>• Pregnancy</li> <li>• Addictions</li> <li>• Infertility</li> <li>• Miscarriage</li> <li>• Parents at Home</li> <li>• Abuse</li> <li>• Anxiety</li> <li>• Discrimination</li> <li>• Legal Problems</li> <li>• Housing</li> <li>• Neighbours</li> </ul>	<ul style="list-style-type: none"> <li>• Health Advice</li> <li>• Health Terminal Illness</li> <li>• Drug / Alcohol Abuse</li> <li>• Long term illness</li> <li>• Accident &amp; Injury</li> <li>• Post natal depression</li> <li>• Nurse Helpline</li> </ul>	<ul style="list-style-type: none"> <li>• Retirement planning</li> <li>• Life after work activities</li> <li>• Early retirement</li> <li>• Relationships</li> <li>• Keeping healthy</li> <li>• Estate Planning</li> <li>• Loneliness</li> </ul>
	At Work	Money Management
	<ul style="list-style-type: none"> <li>• Employment disputes</li> <li>• Starting a new job</li> <li>• Returning to work</li> <li>• Redundancy</li> <li>• Dealing with Conflict</li> <li>• Flexible working rights</li> <li>• Mediation</li> </ul>	<ul style="list-style-type: none"> <li>• Debt management</li> <li>• Budgeting</li> <li>• Reduced income</li> <li>• Identity theft</li> <li>• Credit cards</li> <li>• Interest rates and finance</li> <li>• Court proceedings</li> </ul>

### **Physiotherapy**

Whether your injury or discomfort has been caused by work or not, our occupational health provider (PAM) provide a comprehensive service and interventions to help you recover. Telephone advice and initial assessment is completed through the Physio Health Information Line which is PAM's physiotherapy service

### **Workstation Assessments**

PAM (our Occupational Health Provider) offer Ergonomic Workstation Assessments as part of their wellbeing service. An Ergonomic assessment are for staff with more complex issues or diagnosed conditions and are completed by specialist staff either from PAM or Posturite.

### **Staff physical spaces : Take a moment rooms**

These rooms give colleagues a safe space to unwind, relax and take time out. We currently have four sites within the Trust with this provision at Juniper, Ardenleigh, Reaside and Rookery Gardens.

### **Compassionate Mind Training Sessions**

Training to help us understand how our brains can lead us to feeling a sense of threat, which can make us very self-critical. Through learning to understand our bodies and minds and developing ways to bring compassion to our experiences, we can be better equipped to deal with life's difficulties.

### **Post incident support toolkit**

Provides various support mechanisms and resources for staff or managers following and incident including how to access ongoing/longer term support and for staff who are required to give evidence in court or legal processes. Includes peer groups, Balint Groups and access to Mentoring and Coaching.

### **Needle Stick Helpline**

We have a dedicate helpline available 24/7 for staff if they sustain a needle stick injury.

### **Menopause toolkit**

As part of the Trust's wellbeing strategy a toolkit has been developed to support women and help managers to have conversations with staff about any support they need and to create an open and inclusive culture.

### **Financial wellbeing**

As a valued NHS colleague you have access to a range of discounts and offers via a Blue Light Card and Vivup. In addition, whether you drive, take the bus or cycle, we have schemes and discounts available to support you in getting around.

### **Vaccination clinics**

Flu and Covid-19 vaccination clinics provided to staff covering the majority of our Trust sites in line with the national calendar of vaccinations.

### **Caring Minds**

Caring Minds is our Trust charity and raises funds to provide resources to enhance our wellbeing

### **Recovery College**

Open to all staff, service users, families and carers. Provides a range of courses including *Befinining Mindfulness*, *Caring in a Crisis* and *Five Ways to Wellbeing*.

### **Staff Wellbeing Courses**

Developed by our Learning and Development team to include *Mind Managing Mental Health Awareness at Work* and *Psychological First Aid*