

Job Description

Post Title	Clinical, Counselling Psychologist
Band	8a (1.0wte)
Directorate	Trafford and South Manchester
Location/Base	Hexagon Tower, Blackley, Manchester M9 8GQ
Responsible to	Team Manager/ Principal Clinical Psychologist
Accountable to	Head of Operations

Job Summary/Purpose

The principal purpose of this job is to improve the psychological health and wellbeing of mothers, birthing people who have complex mental health needs and their babies. This will be achieved in this post through undertaking the following areas of responsibility:

1. To work with the Team Managers and Principal Clinical Psychologist to ensure the systematic provision of a high-quality psychological service in the Specialist Perinatal Service.
2. To carry a caseload of clients, providing psychological assessment, formulation, and individual and group intervention, and providing advice and consultancy to patients and professionals.
3. To provide supervision and consultation for staff employed by the Specialist Perinatal Service.
4. To work autonomously within professional guidelines and exercise responsibility for the systematic governance of psychological practice within professional and Trust guidelines.
5. To receive regular professional and clinical supervision in accordance with Trust policy and professional practice guidelines set out by the appropriate designated professional body.

Main Duties & Responsibilities

	Duty/Responsibility
Working relationships	<ul style="list-style-type: none"> • Clients, family, and carers: To communicate in a highly skilled and sensitive manner with clients. • Multidisciplinary team colleagues: To work closely with

	<p>colleagues in the multi-professional integrated mental health service on a day-to-day basis.</p> <ul style="list-style-type: none"> • Health & social care staff: To communicate with a wide range of health & social care staff in hospital and in community settings in a highly skilled manner, sharing complex and sensitive information concerning the assessment, formulation and treatment plans of clients under the service's care. To provide support & guidance in the application of psychological principles and techniques, and to foster reflective practice. • Senior managers & professional staff: To maintain and build good working relationships with senior professional staff and managers across the Trust.
<p>Planning and organisation</p>	<ul style="list-style-type: none"> • To plan and organise own workload within the service (including managing own caseload) and to contribute to the development and improvement of the provision of psychological services within the service to best meet the organisation's strategy and priorities. • To provide training, supervision, and consultation for staff and to support the multi-professional planning, development, and marketing of the Specialist Perinatal Service. To provide training, supervision, and consultation to staff within the service and to other services and agencies.
<p>Responsibility for judgement and analysis</p>	<ul style="list-style-type: none"> • To provide specialist expertise and advice. • To provide specialist assessments, developing specialist psychological formulations, formulating plans for treatment, and implementing specialist interventions for individuals, carers, families, and groups. Proficiency in both individual and group therapy approaches is desirable. • To support the Specialist Perinatal Service Manager, Team Managers and Consultant Clinical Psychologist by undertaking service development and redesign projects and coordinating the resulting work within the team.
<p>Responsibility for client care, treatment, and therapy</p>	<ul style="list-style-type: none"> • Assessment & intervention: To provide expert assessment and therapies in perinatal mental health, developing specialist psychological formulations and assessments of clients, formulating plans for psychological treatment, and implementing specialist psychological interventions for individuals, carers, families, and groups. • To demonstrate awareness of diversity issues and practice inclusively and equitably among the population served. To

	<p>incorporate awareness and adjustment around Social Graces to tailor practice towards best contextualised outcomes.</p> <ul style="list-style-type: none"> • Consultation & guidance: To provide advice, guidance, and consultation on psychological aspects of patient care to colleagues, other service providers, patients, supporters, and families.
Policy, service, research, innovation and improvement	<ul style="list-style-type: none"> • The post holder is accountable for their own professional actions, acting within Trust policies and procedures and Professional Practice Guidelines. • Policy & service: To implement policies and procedures within own service and within the Trust. • R & D: To support the R&D activities of the Specialist Perinatal Service. • To utilise theory, evidence-based literature, and research to support evidence-based practice in all clinical work. • To conduct project work including specific areas of audit, research, or service evaluation • As a clinician to be responsible for collecting clinical practice and outcome data that contributes to building practice-based evidence and service evaluation. To participate in service audits and relevant research projects.
Responsibility for finance, equipment and other resources	<ul style="list-style-type: none"> • To be responsible for the safe keeping of equipment under own use.
Responsibility for leadership, supervision and management	<ul style="list-style-type: none"> • Leadership & supervision: To lead and professionally supervise staff, trainees • To contribute to the provision of supervision for non-psychology/therapy staff providing psychological interventions. • To support placements for trainees in line with professional guidelines.
Information resources and administrative duties	<ul style="list-style-type: none"> • To maintain accurate records, compliant with Trust Practice Standards. • To be responsible for using an email account to generate, monitor, and respond to the e-mail traffic by which the Trust conducts much of its internal communication.

<p>Freedom to act</p>	<ul style="list-style-type: none"> • The post holder is accountable for their own professional actions, acting within Trust policies and procedures and Professional Practice Guidelines. • To work autonomously within clinical professional guidelines and exercise responsibility for the governance of psychological practice within the locality/specialty. Interpretation of professional and Trust guidelines, and implementing policies in conjunction with peers, operational and senior managers, and professional lead. • To provide expert and specialist psychology/therapy expertise and advice, guidance, and consultation on psychological aspects of patient care to colleagues, other service providers, patients, supporters, and families.
<p>Trust Mandatory On-going Requirements - to be met by the candidate after commencing in post, these will not be assessed at the recruitment stage</p>	<ul style="list-style-type: none"> • To undertake any other reasonable duty, when requested to do so by an appropriate Trust manager. • To understand and comply with all Trust policies, procedures, protocols, and guidelines. • To understand the Trust's strategic goals and how you can support them. • To understand the need to safeguarding children and vulnerable adults and adhere to all principles in effective safeguarding. • To carry out all duties and responsibilities of the post in accordance with Equal Opportunities, Equality and Diversity and dignity in care/work policies and principles. • To avoid unlawful discriminatory behaviour and actions when dealing with the colleagues, services users, members of the public and all stakeholders. • To access only information, where paper, electronic, or, in another media, which is authorised to you as part of the duties of your role. • Not to communicate to anyone, inside or outside the NHS, information relating to patients, services users, staff, contractors, or any information of a commercially sensitive nature, unless done in the normal course of carrying out the duties of the post and with appropriate permission. • To maintain high standards of quality in corporate and clinical record keeping ensuring information is always recorded

	<p>accurately, appropriately and kept up to date.</p> <ul style="list-style-type: none"> • To ensure day to day activities embrace sustainability and reduce the impact upon the environment by minimising waste and maximising recycling; saving energy; minimising water usage and reporting electrical faults, water leakages or other environmental concerns to the facilities department or their line manager. • Take reasonable care of the health and safety of yourself and other persons. • To contribute to the control of risk and to report any incident, accident or near miss. • To protect service users, visitors, and employees against the risk of acquiring health care associated infections. • To take responsibility for your own learning and development by recognising and taking advantage of all opportunities to learn in line with appraisal and supervision.
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Further Information for Postholder(s)

This job description is not exhaustive but is intended to give an overall picture of the role. Other duties within the general scope of the post may be required from time to time. The duties of the post and job description can be reviewed through the agreed process. All information obtained or held during the post-holder's period of employment that relates to the business of the Trust and its service users and employees will remain the property of the Trust. Information may be subject to disclosure under legislation at the Trust's discretion and in line with national rules on exemption.

All Trust sites have been designated a no smoking area. The post holder is therefore advised smoking is not permitted within the hospital premises or grounds or whilst representing the Trust in the course of their duty. While the Trust will not discriminate against employing smokers, all prospective employees should be aware of this policy.