## Central and North West London

## PERSONAL SPECIFICATION

**POST:** Band 5 Occupational Therapist

**LOCATION:** In-patient Therapy Team, Northwick Park Hospital

CRITERIA	ESSENTIAL		DESIRABLE	
Education and Qualifications	<ul><li>Degree/diploma in occupational therapy</li><li>Registered with HPC</li></ul>	A A	Practice education training	A
Previous experience	Relevant work/voluntary experience in mental health or related setting.	A/I	<ul> <li>Experience of working in a multi cultural environment</li> <li>Experience of working in an acute mental health setting</li> <li>Computerised data collection systems in a health setting</li> <li>Planning, implementation &amp; evaluation of group interventions</li> <li>Experience of training others in technical, leisure or creative skills</li> </ul>	A/I A/I A/I A/I A/I
Clinical skills	<ul> <li>Application of OT process</li> <li>Risk management</li> <li>Reflective practice</li> <li>Client-centred practice</li> <li>Ability to prioritise work load and use own initiative</li> <li>Able to work creatively to engage clients</li> <li>Ability to treat service users with respect and dignity at all times, adopting a culturally sensitive approach, which considers the needs of the whole person</li> <li>Able to build constructive relationships with warmth and empathy, using good communication skills</li> </ul>	A/I A/I A/I A/I A/I I A/I/R A/I/R	Able to delegate work to others in clinical team	A/I

CRITERIA	ESSENTIAL		DESIRABLE	
Specialist Knowledge	<ul><li>OT theory related to practice</li><li>OT process</li></ul>	A/I A/I	Familiarity with MOHO assessment process	A/I
	<ul> <li>Mental health conditions</li> <li>Relevant legislation</li> <li>Clinical Governance</li> </ul>	A/I A/I A/I		
	Code of ethics and professional conduct	A/I		
Research and development	• Experience of developing a basic research proposal	A/I	• Interest in participating in evidence based activities according to departmental need.	A/I
Non clinical skills	<ul> <li>Verbal and written communication skills</li> <li>Basic IT skills</li> </ul>	A/I I		
Professional Conduct	<ul> <li>Work autonomously</li> <li>Take responsibility</li> <li>Team player</li> <li>Time management and organisational skills</li> <li>Evidence of CPD</li> </ul>	A/I/R A/I/R A/I/R A/I/R A/I		
Other	<ul> <li>Sickness record (attendance) that is acceptable to the Trust, to be checked at interview</li> <li>Declared medically fit by Occupational Health Department to perform duties of post</li> <li>The post holder must have the ability to understand and implement the Equal Opportunities Policy at a level appropriate for the job</li> </ul>	A/R A/I	Membership of COT/specialist section	A

\* KEY: A = Application Form, I = Interview, R = Reference